



**Domestic Violence
is a CRIME!
Know your RIGHTS!**

Signs of an Abusive Relationship

(661) 327-1091

www.stopdvkern.org

1-800-273-7713

Early Warning Signs

The following are some behavioral signs that domestic abuse is beginning:

- Your partner has difficulty controlling anger and/or has a temper
- Your partner insists on making all the decisions
- Your partner does not take responsibility for his/her own behavior
- Your partner questions your faithfulness
- Your partner has a problem with drugs and/or alcohol
- Your partner does not respect your limits or boundaries
- Your partner does not value your opinions
- Your partner has taken steps to keep you isolated from family and friends

Acute Warning Signs

The following abusive behaviors are signs that domestic abuse has already begun:

- Checking up on you – listening to phone calls; asking where you were; calling you at work all day; checking mileage on car
- Putting you down – calling you names; criticizing you; humiliating you in public or in private
- Acting jealous or possessive and saying, “It’s a sign of love.”
- Destroying or threatening to destroy your belongings
- Threatening to hurt you, your friends, family members, or pets
- Touching you in a way that hurts or scares you

Recognizing early warning signs can help us prevent victimization of friends, families, and ourselves.