# Callearn Newsletter



Armina & Geneis at Murray Farms

## HEALTHY BABIES, HEALTHY MOTHERS AND FOLLOW YOUR DREAMS

Only three months left! Join us...

Recent events include a custom bra fit at **The Bra Shoppe**, a trip to the **Beale Library**, and family time at **Murray Farms Fun Fest**.

Food and gifts are always included!

Follow Your Dreams Second Tuesday of each month 4-6pm in Room 100

Healthy Babies, Healthy Mothers Last Tuesday of each month 4-6 pm in Room 100

#### **IS YOUR RELATIONSHIP HEALTHY?**

Progress Report is Due 10/28/22

All phone number, address, and school changes must be reported within 5 days

# RAQUEL MERRY \$500 KPFC SCHOLARSHIP WINNER



**Raquel and Penelope** 

"Everything I do is for my daughter; she's my bestie. My grandma is also a huge inspiration. No matter what's going on, she keeps pushing on." Congratulations Raquel, you deserve it!

- Are you able to communicate openly and without fear of judgement?
- ✤ Are you able to have your own hobbies and interests outside of your relationship?
- Can you spend time alone with family and friends without jealousy?
- Can you make your own decisions?

Not all abuse leaves bruises.

October is National Domestic Violence Awareness month. If you answered no to any of these questions and want to talk, call your SSW, the National Hotline at 1 (800) 799-7233 or text "START" to 88788.

#### WHY DIDN'T THE LITTLE BOY'S MOTHER DRESS UP FOR HALLOWEEN?



BECAUSE SHE WAS ALREADY A MUMMY.

# CALLEARN IS LIVE!!

Find us on the web and follow our story on DHS Instagram.



Call us if you have questions or just want to chat. We're listening.

Velma (661) 556-0505 ~ Lisa (661) 381-0092

# EARN \$25 PER HOUR!!

Participate in Empower Hour Virtual Workshops Every Thursday from 3:30-4:30pm

## FENTANYL IS SPOOKY!

Yeah, yeah. That was corny and you are too smart to use fentanyl. We get it. But Fentanyl is being added to street drugs to stretch supply and increase profits. Its cheap to make and highly addictive.

If you or anyone you know uses drugs not purchased with a prescription, be aware of the risks. Tell your friends:

- Fentanyl is 50X more potent than heroin and 100X more potent than morphine.
- September 2012 Fentanyl is killing more people than COVID-19, car accidents, cancer and suicide.
- 2mg of Fentanyl can result in a fatal overdose.

## HALLOWEEN SAFETY

If you trick or treat, take a flashlight so cars can see you. Check all your candy before consumption. Throw out anything that is opened or appears tampered with. Be smart, be safe! Happy Halloweed from CalLearn.

