

Table 21.1 CHDP PERIODICITY SCHEDULE FOR HEALTH ASSESSMENT REQUIREMENTS BY AGE GROUPS

Screening Requirement ¹	Age of Person Being Screened														
	≤ 1 mo.	2 mos	4 mos	6 mos	9 mos	12 mos	15 mos	18 mos	2 Yr	3 Yr	4-5 Yr	6-8 Yr	9-12 Yr	13-16 Yr	17-20 Yr
Interval Until Next CHDP Exam	1 mo	2 mos	2 mos	3 mos	3 mos	3 mos	3 mos	6 mos	1 yr	1 yr	2 yr	3 yr	4 yr	4 yr	None
History and Physical Examination²	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Dental Assessment ³	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Nutritional Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Psychosocial/Behavioral Assessment ⁴	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Developmental Screening ⁴					○			○	○ →						
Developmental Surveillance	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Tobacco Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Pelvic Exam ⁵														*	*
Measurements															
Head Circumference	●	●	●	●	●	●	●	●							
Height/Length and Weight	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
BMI Percentile									●	●	●	●	●	●	●
Blood Pressure ⁶										●	●	●	●	●	●
Sensory Screening															
Vision ⁷ - Visual Acuity Test										●	●	●	●	●	●
Vision ⁷ - Clinical Observation	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Hearing ⁸ - Audiometric										●	●	●	●	●	●
Hearing ⁸ - Clinical Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Procedures/Tests															
Hematocrit or Hemoglobin ⁹				*	○ →		*	*	●	●	●	*	*	*	*
Blood Lead Risk Assessment/ Anticipatory Guidance ¹⁰			●	●	●	●	●	●	●	●	●				
Blood Lead Test ¹⁰					●				●	X →					
TB Risk Assessment ¹²	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Anticipatory Guidance	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●

Note: The number of health assessments may be increased using MNIHA, as appropriate.¹

Note: Health assessments should be performed as close as possible to the age listed on the periodicity table, and must be in accordance with CA Administrative Code, Section 6847

Note: Children coming under care who have not received all the recommended procedures for an earlier age should be brought up-to-date as appropriate.

Other Laboratory Tests
When health history and/or physical examination warrants:
Urine Dipstick or Urinalysis ¹¹
TST ¹² - see Tuberculosis HAG
Sickle Cell
Ova and Parasites
FBG and Total Cholesterol
Papanicolaou (Pap) Smear
VDRL or RPR ¹³
Annually if sexually active; more often as clinically indicated:
Gonorrhea Test ¹³
Chlamydia Test ¹³

Immunizations ¹⁴
Key:
● Required by CHDP one time within the interval given
○ Recommended by AAP, Bright Futures and CHDP
* Perform when indicated by risk assessment.
x Perform if no documented lead level at 24 months

- CHDP intervals are greater than recommended by Bright Futures. Providers may use MNIHA for necessary assessments that fall outside of periodicity such as school, sports or camp physical, foster care or out-of-home placement, or follow-up indicated by findings on a prior health assessment that need monitoring including additional anticipatory guidance, perinatal problems or significant developmental delay.
- Age-appropriate physical examination, including oral examination, is essential with child unclothed, and draped for older child or adolescent.
- See Dental HAG.
- Schedule indicates recommended ages for developmental screening and psychosocial/behavioral assessment. For reimbursement information, see CHDP PIN 09-14.
- Pelvic exam recommended within 3 years of first sexual intercourse. Subsequent pelvic exams may be performed as part of MNIHA when clinically indicated by symptoms such as pelvic pain, dysuria, dysmenorrhea. See STI HAG.
- Blood pressure before 3 years for at risk patients, then at each subsequent health assessment. See Blood Pressure HAG.
- See Vision Screening HAG.
- See Hearing Assessment HAG.
- Hb/Hct starting at 9-12 months of age. See Iron Deficiency Anemia (IDA) HAG.**
- Test between the ages of 2 and 6 years if no documented lead level at or after 24 months. Test at any age when indicated by risk assessment or if lead risk changes. See Lead HAG.
- Urine Dipstick or Urinalysis only when clinically indicated. See Urinalysis HAG.
- Tuberculosis risk factor screen at each visit. TST when indicated. See TB HAG.
- STI testing when risk identified by history/physical. See STI HAG.
- Provide immunizations as recommended by the Advisory Committee on Immunization Practices (ACIP).