Contact

Please contact us to request more information, make a referral, or enroll in the program.



Address

1800 Mt Vernon Ave 2nd Floor Nursing Bakersfield, CA 93306

Phone

Bakersfield (661) 321-3000 Ridgecrest (760) 375-5157

<u>Fax</u> (661) 868-1200

Website

www.nursefamilypartnership.org







Nurse-Family Partnership Program is a replication of the Prenatal and Early Childhood Nurse Home
Visitation program developed by Dr. David Olds and the University of Colorado

Kern County Nurse-Family Partnership



Helping First-Time Parents Succeed®

Our purpose is to promote healthy lifestyles for women and their children, and to create stronger family bonds

Revised from:
Nurse-Family Partnership brochure
County of Los Angeles, Department of Health Services
Rev. 1/11/2016

About Our Program

What is the Nurse-Family Partnership Program?

Nurse-Family Partnership is an evidence-based community healthcare program that has been serving first-time mothers in Kern County since 2000. The program provides low-income, first-time moms with the care and support they need to have a healthy pregnancy, provide competent care for their children, and achieve a better life for themselves and their families.

What services will I receive?

You will have your own specially trained Public Health Nurse who will visit you in your home (or place that you both agree) during pregnancy and throughout the first two years of your child's life.

How do I qualify for the program?

- Expecting to deliver and/or parent for the first time.
- Less than 6 months (24 weeks) pregnant.
- Have a low-moderate income and eligible for Medi-Cal or WIC.

· Living in Kern County.

Please do not assume you are ineligible. Call us to find out if you qualify.

Program Benefits

It is a **VOLUNTARY** Program

You will learn information and develop skills that will help you take better care of yourself and your baby. This program will help you learn:

- What to do during your pregnancy and your child's birth;
- How to care for your baby as he/she grows;
- How to obtain WIC, housing, school, work, child care, and more;
- How to work with your doctors, nurses, and other medical providers;
- All immunization and nutrition needs; and
- · How to live a healthy life with your baby.



The goals of the program are to assist the first time mother to:

- Gain more knowledge about herself, her pregnancy and her baby;
- Promote a healthy pregnancy, child birth, and optimum child development; and
- Become more independent and self- sufficient.

Program Benefits

Your personal home-visiting nurse will provide:

- Family support and guidance
- · Referrals to community resources
- Weekly visits during the first month of enrollment
- Every other week visits until your baby is born
- Weekly visits during the first six weeks after delivery
- Every other week visits until your child is 21 months old
- Monthly visits until your child's 2nd birthday

Don't miss this opportunity!



Baby's best start begins with you!