

Recruitment—Development—Support

Newsletter

Fall 2017

(Quarterly Newsletter for Kern's Resource Families)



Ombudsman's Corner

Back to School

As summer comes to an end and back-to-school season begins, it can be hard to get back into a structured schedule -- both for the kiddos in your care and for you.

As parents and caretakers, there are things we can do for ourselves and for the kids to ensure a smooth transition into a new school year. Take a look below at a few ways to get *this* year off to a good start in your home.

Tips for Parents and Caregivers

1. Set up a bedtime and wake-up routine, and...be consistent.
2. Organize. Before bedtime, have each child put their books/homework in their backpacks and place by the door. Also have them choose their clothes, including shoes and socks.
3. Pack lunches the night before school.
4. When it's almost time to stop playing, give a five-minute warning. This practice works well for children who have difficulty with transition.
5. Create/use a wall calendar to record when assignments are due or when tests will be given. It is also helpful to list extra-curricular activities and practice schedules. Try using it as a reward chart, behavior chart, or a responsibility chart.
6. Talk to children in your home about bullying. Make sure they understand the right way to treat their peers, and when to speak up if they see someone else being bullied. Children also need to know they can come to you if they feel they are being bullied.
7. Ask children in your care about their concerns to help alleviate anxiety. Take a few minutes to ask them what they are looking forward to during this school year and what things might be worrying them. Doing so, gives them the opportunity to express their concerns and to let them know you are there to help work through their worries.

If you have any helpful tips you'd like to share, please send me an email at rochaju@kerndhs.com.



Melissa's Message

As the liaison for Kern County resource families, I have been speaking with a number of you who recently had to give up a placement of a child in order for that child to be placed with a relative. It is a hard transition on both the child and you as the caregiver and the agency recognizes that resource families experience the loss as well. I want to thank you for continually providing a safe and loving home no matter how long or short a child's stay with you is. Our goal is to keep our foster youth connected with their relatives and whenever possible, to place our youth with their families, but we do understand the hardship of having to say goodbye to a child when they have become a part of your family. Please understand that you have made a difference in the lives of the foster youth you have cared for no matter how short of a time you had with them. By showing your love and support to our foster youth, you have helped provide them with the tools to be resilient.

If you have any questions or concerns, please contact me at (661) 873-2382.

Kern County Resource Families are Valued, Respected, Supported, and Skilled Partners and Advocates Who:

Provide safe loving homes ● Commit to the development and success of children and families ● Encourage family connections and nurturing relationships ● Maintain a life long connection to children whenever possible

American Indian Services

The Bakersfield American Indian Health Project is reaching out to Kern County to provide services to residents of American Indian and Alaskan Native heritage. The vision of the project is to “support American Indian and Alaskan Natives to grow socially, mentally, physically and spiritually.” The project offers a variety of programs such as; Family Wellness, Wellness and Prevention Education, counseling and medical and dental services. The project also provides traditional services such as Talking Circles, Sweat Lodge Ceremony, beading classes and drumming, singing and dancing classes. Please see the attached flier for further details.

For more information, please contact The Bakersfield American Indian Health Project at (661) 327-4030.



Foster Care Funding Update

The basic rate for foster care funding has increased from \$889 per child/a month to \$923 per child/a month. The supplement payments will be issued in August 2017 but may take up to 30 days to disperse. Additionally, Adoption Assistance payments have also been granted an increase to \$923 per child/a month and those supplement payments may take up to 60 days to disperse. Please note that the annual clothing allowance stipend remains at \$139 per child and will be issued sometime this month.

For further questions regarding Foster Care or Adoption Assistance funding, please contact the Foster Care Human Service Technician listed on your last Notice of Action form. If you do not have a Notice of Action form, please contact us at (661) 873-2800.



Back to School is Cool



Disabled Students Program

For our college age youth, Bakersfield College's Disabled Students Programs and Services (DSPS) offers students a variety of services to help them succeed in their academic journey. If a student finds that their disability is a barrier to their academic success, the Disabled Students Programs and Services can help alleviate the stress of getting a quality education. Some of the services provided are; test proctoring, sign language interpreters, specialized furniture and assistive technology. These programs are available to any Bakersfield College student and are student driven and voluntary. Please see the attached flier for more details.

For more information, please contact DSPS at (661) 395-4334.

**BAKERSFIELD
COLLEGE**





Kern County Sheriff's Office Home Alone Safety Tips



The following safety tips have been issued by the Kern County Sheriff's Department. When reading, please remember that at no time can a foster youth be left home alone overnight.

Many parents make the decision to leave their child home alone for periods of time during the summer. It is important to remember several factors when trying to determine if your child is ready to be left home alone for any length of time. It is also very important to prepare your child for any situation or emergencies that may come up during the time they are home alone. Age should not be the sole deciding factor on whether a child or teen is ready to stay home alone. Ensuring the child is responsible, can follow directions, and understands/follows the rules set in place by a parent are the most important factors in making the decision to leave a child unsupervised.

Making Sure Your Child is Ready

- * Consider your child's temperament and maturity level.
- * Does your child follow directions and act responsibly?
- * Has your child expressed interest/confidence in staying home unsupervised?
- * Ensure your child knows what to do in an emergency situation.
- * Go over "what if" scenarios to see how a child might handle an unexpected situation before it arises. Talk through situations with your child.
- * Try running short errands first to get your child confident with staying home alone before leaving him/her for longer periods of time.

In Case of an Emergency

- * Make sure your child knows how and when to dial 911 in an emergency situation.
- * Have all of your contact information (work phone, cell phone, etc.) printed near the phone along with the numbers of one or more trusted neighbors.
- * Discuss fire safety with your child and various escape routes should there be a fire in the home.
- * Your child should have your name, phone number and address memorized if needed in case of an emergency.

Other Various Tips

- * Make sure your child never answers the door when they are home alone.
- * Coach your child on what to say when they answer the phone. It is important they do not express they are home alone to a caller. Saying something like "My mom can't make it to the phone right now, can I take a message?" is better than "My mom isn't home right now."
- * It's best if children stay inside the home. Stay away from backyard pools or playing in the front yard.
- * Leave sensible snacks/meals for your child so that they do not have to use the oven/microwave/toaster.
- * Use caution in asking a child to supervise younger children in the home.
- * Determine what works for you and your family, such as "no friends over" or "no video games".
- * Monitor and take extreme caution in your child's computer usage. Children can access many websites if left unsupervised. Child predators aren't merely in parks and amusement parks.
- * They can easily access your child via internet, social media, etc. – and often pose as other children.

If you would like further information on this subject, or if you are interested in other topics, please contact the Kern County Sheriff's Office Crime Prevention Unit at (661) 391-7559 or at crimeprevention@kernsheriff.com.

Medical and Dental Care

A new CHDP medical and dental form is available for all caregivers who have placement. This form is to be filled out by the doctor or dentist office when a foster youth is taken in for an exam. Please make sure to return the completed forms to the child's primary social worker and ask for any additional copies if needed.

Also, if a child is in need of a medical or dental procedure that involves the use of anesthesia, please contact the child's social worker as parental consent, or a court order is required.

A copy of the new CHDP form is attached.



CALLING ALL CAREGIVERS

If you have friends or family that may be interested in finding out more about becoming a resource family, please invite them to come to one of our orientations. Orientations are held monthly in English on the Second and Fourth Thursdays and in Spanish on the Third Thursday. Additional sessions may also be available. All sessions are held at the Department of Human Services Columbus Center from 5:30pm-7:30pm. There is no commitment made by attending. Have your friends and family call the Recruitment Line at (661) 631-6204 for additional information.

Back to School is Cool



Sharing the Road with School Buses

If you're driving behind a bus, allow a greater following distance than if you were driving behind a car. It will give you more time to stop once the red lights start flashing. It is illegal in all 50 states to pass a school bus that is stopped to load or unload children.

- Never pass a bus from behind – or from either direction if you're on an undivided road – if it is stopped to load or unload children.
- If the yellow or red lights are flashing and the stop arm is extended, traffic must stop.
- The area 10 feet around a school bus is the most dangerous for children; stop far enough back to allow them space to safely enter and exit the bus.
- Be alert; children often are unpredictable, and they tend to ignore hazards and take risks.

For more information, visit www.nsc.org/Back2SchoolSafety



Koinonia Post Adoption Support Services (PASS)

Did you know that DHS contracts with Koinonia Family Services to provide Permanency and Adoption Support Services **FREE** to all families who are considering adoption, are in the process of adoption, or who have previously adopted through DHS? A variety of services are provided including mental health services, parent education, support groups and case management. Please see the attached flyers for more details. You can also contact Koinonia directly at (661) 833-4483. See attached flier for more information.



KERN COUNTY DEPARTMENT OF HUMAN SERVICES
100 E. CALIFORNIA AVENUE BAKERSFIELD, CA. 93307
PO BOX 511, BAKERSFIELD, CA. 93302
RECRUITMENT PHONE (661) 631-6204
RESOURCEFAMILIES@KERNDHS.COM
FAX (661) 633-7077



WE'RE ON THE WEB!
KCDHS.org



pivunacapeatam

Tejan Indian Tribe

HONORING OUR ANCESTORS
POW WOW

SEPTEMBER 23RD AND 24TH, 2017

Cal State University of
Bakersfield
9001 Stockdale Hwy.
Bakersfield, CA 93309

9/23 11am-10pm
11:00am and 6pm Gourd Dancing
12:00 Grand Entry
9/24 11am-6pm
11:00am Gourd Dancing
12:00 Grand Entry

HEAD STAFF

Photo Credit makingitpatty

MC
Val Shadowhawk

Arena Director
Mario Sanchez

Head Man
David Patterson

Head Woman
Marcia Patterson

Host Northern Drum
Indian Hill

Host Southern Drum
Sooner Nation

Spiritual Advisor
Joey Garfield

Head Judge
Mark Sanchez

Tabulator
Julie Gonzales

Vendors: Call (661)834-8566 for vendor application

Public is welcome. Admission and parking is FREE!

All dancers and drums welcome.

Not responsible for theft, loss, accidents, and/or injuries

Absolutely no Alcohol or drugs allowed.



10th annual
**Honoring Traditions
 Gathering & Powwow**
 Pala, California
August 25-27 2017
 Free to the public!



PALA BAND OF
 MISSION INDIANS

HEAD STAFF

Headman-Shude Victors
 Headwoman-Summer Baldwin
 Head Young Man-Seymour Eagle Speaker
 Head Young Woman-Morning Star Roberts
 Emcees-Bart Powaukee,Ruben LittleHead
 AD-Juaquin Hamilton,Victor Khatsalano
 Head Man Dance Judge-Trae LittleSky
 Head Woman Dance Judge-Danita Goodwill
 Drum Boss-Jason Whitehouse
 Tabulations-iCreeAzn
 Sound-Hoka Sound

SPECIALS

Men's Southern Straight special (18+)
 sponsored by Shude Victors and family
Women's Walk Around Special(18+)
 sponsored by Summer Baldwin and family
Teen Boys Traditional special (13-17)
 sponsored by Seymour Eagle Speaker and family
Fancy Shawl special In Memory of Gladys Jefferson
(Jr adult, Sr Adult, Golden age)
 sponsored by Morning Star Roberts and family
Womens fancy shawl special (18+)
 sponsored by Cheyenne Chee and family

COMMITTEE SPECIALS

Men's North vs South Fancy Special (18+)
 1st \$1200, 2nd \$800
Women's Jingle Special (18+)
 1st \$1200, 2nd \$800
Best Dress Drum Special
 Winner take all \$1000

GRAND ENTRY

Friday 7pm, Saturday 1pm & 7pm, Sunday 1pm
BIRD SINGING
 Friday 6pm, Saturday 5pm

INVITED DRUMS *contest for invited drums only*

Bad Moon Rising♦Black Bear♦Black Otter♦BucWild
 Eyabay♦Mandaree♦Warpaint♦Wild Band of Comanches

CATEGORIES

Elders(70+):
 Men Combined, Women Combined
 \$1000,\$800,\$600,\$400,\$200
Golden Age Men & Women (55-69):
 No. & So. Traditional Combined, Fancy & Grass combined,
 Fancy & Jingle Combined
 \$1000,\$800,\$600,\$400,\$200
Men's Sr Adults (35-54) & Jr Adults (18-34):
 No. Traditional, So. Straight, Chicken, Grass, No. Fancy, So.Fancy
 \$1000,\$800,\$600,\$400,\$200
Women's Sr Adults (35-54) & Jr Adults (18-34):
 No.Buckskin, No. Cloth, So. Buckskin, So. Cloth, Jingle, Fancy
 \$1000,\$800,\$600,\$400,\$200
Teens (13-17):
 No. Traditional, So. Traditional, Chicken, Grass, Jingle, Fancy
 \$300,\$200,\$100
Juniors (6-12):
 Traditional, Grass, Jingle, Fancy
 \$200,\$100,\$50
Tiny Tots (5 &under)

Graphic Design- Red Bear McCloud, Bad Bear Graphics

10779 HWY 76, Pala, Ca 92059
 760-891-3590
[facebook.com/palapw](https://www.facebook.com/palapw)

Skye McMichael, Powwow Director
 Shelia Lopez, Vendor Info
 Host Hotel: Pala Casino Resort & Spa 877-725-2766



MY LIFE MY CHOICE

Empowering Youth. Ending Exploitation.

A 10-week Prevention Group that teaches girls how to recognize and avoid the recruitment tactics of exploiters. Participants receive important prevention information and are encouraged to see themselves as agents of change – empowered with information they want to share with their sisters and friends.

Group meets once a week on Wednesday

Start Date: August 9, 2017 and on-going

Time: 3:30—5:00 PM

Location: 3300 Truxtun Ave, 2nd Floor

Requirements:

- **Youth must qualify for mental health services**
- **Transportation (to and from) must be provided**
- **Youth must be 13-18 years old**

Please contact Group Facilitators to sign-up & for questions:

Mayra Castro, ASW 868-8311 or Julie Olguin, SAS 868-6469

Health Care Program for Children in Foster Care (HCPCFC) Foster Care Medical (Specialty) Contact Form

Complete this form if child is in the foster care system. Health care providers are required to submit a HCPCFC Foster Care Medical (Specialty) Contact Form when providing care to children and youth in the foster care system.

Patient Name (Last)			(First)			(Initial)			Language			Date of Service Month Day Year				
Birthdate Month Day Year		Age(yr/m)	Sex	Gender	Patient's County of Residence			Telephone # (Home or Cell)			Alternate Phone # (Work or Other)					
Responsible Person (Name)					(Street)			(Apt/Space)			(City)			(Zip)		
Patient Eligibility:		County Code	Aid Code	Identification Number				Next CHDP Exam Month Day Year			Ethnic Code <input type="checkbox"/> 1-American Indian 2-Asian 3-Black 4-Filipino 5-Mex. Amer/Hispanic 6-White 7-Pacific Islander 8-Other					
Health Coverage: <input type="checkbox"/> Medi-Cal FFS <input type="checkbox"/> Gateway <input type="checkbox"/> Managed Care Plan																

A. Medical Assessment and Referral Section

Type of Visit:															
MEDICAL				<input type="checkbox"/> Well Child Exam		<input type="checkbox"/> Immunization Visit		<input type="checkbox"/> Sick Visit/Urgent Care		<input type="checkbox"/> Reproductive Health		<input type="checkbox"/> Follow Up			
SPECIALTY				<input type="checkbox"/> Initial Consultation		<input type="checkbox"/> Follow Up									
Type (e.g. Optometry, Neurology, Cardiology, Audiology, Mental Health)															
Height To nearest 0.1 cm		Height Percentile		Weight To nearest 0.1 kg		Weight Percentile		BMI		BMI Percentile		Head Circumference		Head Circ. Percentile	
Blood Pressure		Hemoglobin		Hematocrit		Vision Results OD OS OU			Hearing Results R L			IMMUNIZATIONS <input type="checkbox"/> Copy of IZ Records Attached? Please check (<input checked="" type="checkbox"/>) which immunizations have been given TODAY: IPV 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> DTaP 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> Td <input type="checkbox"/> Tdap/Booster <input type="checkbox"/> Hib 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> MMR 1 <input type="checkbox"/> 2 <input type="checkbox"/> Hep B 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> Hep A 1 <input type="checkbox"/> 2 <input type="checkbox"/> VZV 1 <input type="checkbox"/> 2 <input type="checkbox"/> PCV 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> PCV13 <input type="checkbox"/> MenACWY <input type="checkbox"/> HPV 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> Influenza 1 <input type="checkbox"/> 2 <input type="checkbox"/> Rotavirus 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> Other: _____ <input type="checkbox"/> Up to date <input type="checkbox"/> Not up to date <input type="checkbox"/> PPD <input type="checkbox"/> TB Risk Assessment Date Given: _____ Date Read: _____ Results: <input type="checkbox"/> Negative <input type="checkbox"/> Positive <input type="checkbox"/> Return for PPD Read <input type="checkbox"/> Lab ordered for QFT/IGRA			
Labs Ordered <input type="checkbox"/> CBC <input type="checkbox"/> Lead <input type="checkbox"/> Other: _____				Date Labs Ordered		Lab Results									
Any known allergies to medication/food/environment? <input type="checkbox"/> Y <input type="checkbox"/> N Please list: _____															
ASSESSMENT/DIAGNOSIS:															
Depression Screening: <input type="checkbox"/> Y <input type="checkbox"/> N				Substance Abuse Screening: <input type="checkbox"/> Y <input type="checkbox"/> N				Tool Used (if any)? _____							
MEDICATIONS/TREATMENTS: (DOSAGE/FREQUENCY)								If prescribed psychotropic medication was a JV220 (A) completed? <input type="checkbox"/> Y <input type="checkbox"/> N Was EKG completed? <input type="checkbox"/> Y <input type="checkbox"/> N Were Labs completed? <input type="checkbox"/> Y <input type="checkbox"/> N							
DEVELOPMENTAL SCREENING/ASSESSMENT: Completed today? <input type="checkbox"/> Y <input type="checkbox"/> N															
Developmental tool used, if any: (Please attach a copy) <input type="checkbox"/> ASQ-3 <input type="checkbox"/> ASQ-SE <input type="checkbox"/> Other (Specify): _____															
Age appropriate development? <input type="checkbox"/> Y <input type="checkbox"/> N if NO, Indicate: <input type="checkbox"/> Gross <input type="checkbox"/> Fine <input type="checkbox"/> Speech/Language <input type="checkbox"/> Social/Emotional <input type="checkbox"/> Cognitive															
Physical Growth <input type="checkbox"/> WNL <input type="checkbox"/> Delayed _____															
REFERRALS: (e.g. Mental Health, CCS, Speech and Hearing, IEP)															

B. Dental Assessment and Referral Section

<input type="checkbox"/> Dental home referral				Referred To and Contact Number: _____			
<input type="checkbox"/> Class I: No Visible Problems Mandated annual routine dental referral (beginning no later than age 1 and recommended every 6 months)		<input type="checkbox"/> Class II: Visible decay, small carious lesion or gingivitis Needs non-urgent dental care		<input type="checkbox"/> Class III: Urgent – pain, abscess, large carious lesions or extensive gingivitis Immediate treatment for urgent dental condition which can progress rapidly		<input type="checkbox"/> Class IV: Emergent – acute injury, oral infection or other pain Needs immediate dental treatment within 24 hours	
Fluoride Varnish Applied: <input type="checkbox"/> Yes <input type="checkbox"/> No, parent refused <input type="checkbox"/> No, teeth have not erupted <input type="checkbox"/> Other reason for not applying: _____							

C. Provider Information

Service Location: Office Name, Address, Telephone/Fax Number		NPI Number	
		Provider Name (Print Name)	
		Provider Signature	Date
Follow up appointments needed? <input type="checkbox"/> Y <input type="checkbox"/> N Date/Time _____			



VOLUME 1

April
2017

ISSUE 6

School Readiness and Trauma

By: Kelly Rizzi
Shasta County Office of Education

School Readiness is a common concern for foster youth. These children are especially at risk for not succeeding in school. There are many things that the adults in their lives can do to mitigate this risk. The two main areas of focus should be healthy relationships and teaching self-regulation.

If a child is going to be starting kindergarten, or starting a new school, the foster parents or foster liaison can help to prepare that child by being proactive. They can contact the school and arrange a visit for the child to meet the new teacher one-on-one. The parents can share unique details about the child's life, so the teacher understands the interests and the life situation of that child. While in the classroom, the parents can take a picture of the child with the teacher, as well as the child in different areas of the classroom. It will allow the child to revisit meeting the teacher and will provide a sense of safety. It will also build the foundation for a critical relationship between the child and the teacher. While on campus, it is important to connect the child to the school site principal, which is another adult the child will need to be in close contact with throughout the year.

The foster parents and foster liaison can have a large impact on school success by simply taking an interest in school and by getting involved. When children see the adults in their lives interested in their school-work and activities, they put more energy into them.

Involvement by the adults in the lives of these children can make all the difference. To help these children in school, and to assist in self-regulation, adults can teach them about the way the brain works. Explain to them that there are two main parts of their brain- the upstairs and the downstairs part (Dr. Dan Siegel, UCLA). When they are feeling upset, sad, scared or any other negative emotion, they are in the downstairs part of their brain. This means they aren't able to take in new knowledge and they will struggle to communicate in a calm, clear way. It's not the end of the world when they find themselves there, but they do want to make their way back to the upstairs part of the brain. There are different ways to do this. Mindful breathing is one of the first things that can be done. When oxygen enters the brain, it helps to calm it. Some other things to consider are: listening to calming music, doing wall push-ups with deep muscle stretches, engaging in yoga stretches, incorporating fidgets and squeeze balls or other sensory items like weighted blankets, etc....

The most powerful things adults can do for children is to maintain healthy, involved relationships and to teach children self-regulation. As this occurs, school readiness can become a successful chapter in life for foster youth.

Tips for School Readiness

By: Melody Boyd, Ph.D.
Orange County Department of Education

The Office of Head Start defines school readiness as children possessing the skills, knowledge, and attitudes necessary for success in school and for later learning and life.

Children can prepare for learning in two ways: being raised in a caring, responsive, enriching, stimulating environment, and/or attending a quality early childhood program. Children generally are ready to learn because they feel safe, confident, comfortable, and curious. They have been encouraged to develop age appropriate social skills, exposed to print, and supported in their early learning attempts.

There are many easy, fun, inexpensive learning opportunities caregivers can provide for children at home such as: building cardboard houses, making forts with blankets, playing dress-up, sorting and counting with colored stickers, letter recognition using milk caps, and outside play. But the single most important way caregivers can help young children be ready to learn is to read with them every day.

Quality early learning programs can also play an essential role in a child's preparation for school. Not only do they promote literacy skills but they also offer young children the opportunity to interact in a positive way with their peers. Early learning program options include: Head Start, which offers free half and full day programs and gives priority points for foster care; State Preschool programs, which offer half and full day programs and are free to foster youth; and fee-based public school preschool programs, community college child care center programs, and private preschool programs. For children who turn 5 after the kindergarten cut-off date of September 1st, but between September 2nd and December 1st, Transitional Kindergarten is now offered by the public school districts and is a wonderful way for young children to participate in early learning programs free of charge.



Learning Activities & Resources

*Head Start
What is School Readiness*

*National Association for the
Education of Young Children*

*Education Activities
for Kids*

Family Education

Ready
for
School



REMINDERS



Reports Due

Expenditure Report-Summer 2017

Upcoming Meetings

Spring Statewide Coordinator Meeting, May 16, 2017
Costa Mesa, Ayres

Learning Community Cohort, Meeting 5, May 17, 2017
Costa Mesa, Ayres

next time you're stressed:
take a step back, inhale and laugh.
remember who you are and why
you're here. you're never given anything
in this world that you can't handle. be
strong, be flexible, love yourself, and
love others. Always remember,
just keep moving forward.

*Thank you for reading the monthly FYSCP TAP newsletter.
We appreciate all the work you are doing to support foster youth.
For any questions regarding this newsletter contact
Tanya Marshall tmarshall@shastacoe.org*

The information provided in this newsletter is not intended to support any position or legislation, but is provided for informational purposes only.



BAKERSFIELD COLLEGE FOSTER & KINSHIP CARE EDUCATION PRESENTS

CAR SEAT SAFETY TRAINING AND CAR SEAT GIVEAWAY

**CAR SEAT
RAFFLE**

**WEDNESDAY, SEPTEMBER 6, 2017
5PM-7PM**

**MULTIPLE
CAR SEATS
AVAILABLE!**

Learn more about new car seat safety
laws and how to properly install a car seat

Weill Institute Room 101
2100 Chester Ave.
Bakersfield, CA 93301

REGISTER 661-319-1836



**BAKERSFIELD
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Bakersfield College

Disabled Students Programs and Services

Bakersfield College and Disabled Students Programs and Services (DSPS) are dedicated to providing quality services to meet the needs of students with disabilities. Students are the center of what we do, and we put students first, above all else. We strive to ensure access to all aspects of the college. Services are available to any student who finds his or her disability to be a barrier to achieving educational goals.

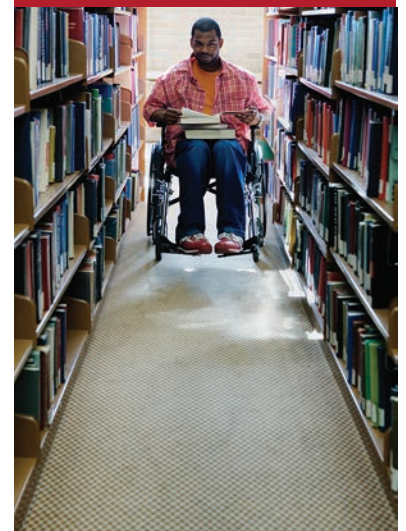
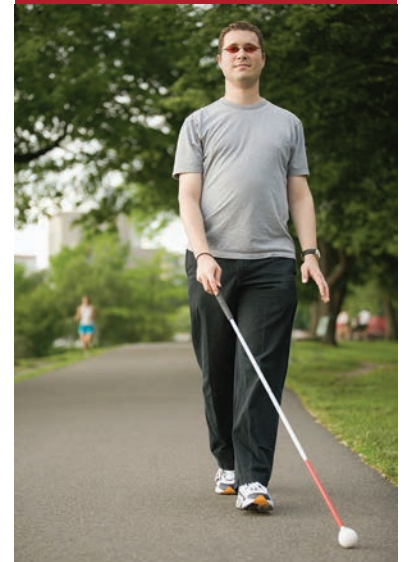
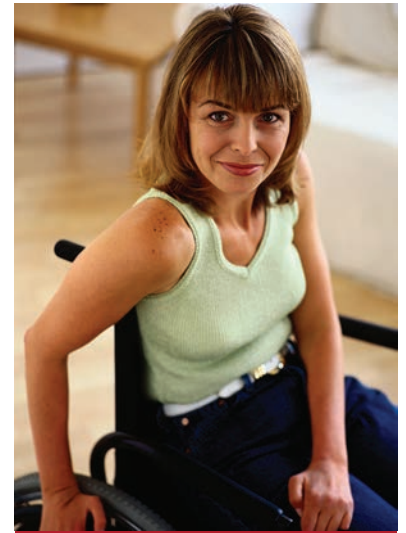
However, only those students who identify themselves to the college and present appropriate written documentation of a disability are eligible for accommodation. Students with disabilities should contact the DSPS office as soon as possible, even if they are not yet enrolled.

To be eligible to receive services students must provide disability verification and meet with the DSPS Counselor for intake.

Services may include:

- Test proctoring in quiet rooms with extended time
- Alternate format services (e-text, large print, Braille)
- Computer lab with assistive software (speech-to-text, text-to-speech, magnification, etc.)
- Specialized classes
- Adaptive Fitness
- Assistive Technology
- Career/Job Placement Assistance
- Scribes who write for you
- Notetakers or taped lectures
- Computer Aided Realtime Translation (CART)
- Sign Language Interpreters
- Bookstore Front of Line privileges
- Mobility Cart
- Specialized furniture
- Disability management counseling
- Liaison to campus programs and departments

Contact DSPS
Student Services 40
661-395-4334



BAKERSFIELD
COLLEGE
1 9 1 3 — 2 0 1 3



BAKERSFIELD AMERICAN INDIAN HEALTH PROJECT

1617 30th Street, Bakersfield, CA 93301

Phone (661) 327- 4030 Fax (661) 327-0145

BEHAVIORAL HEALTH SERVICES

All services Monday thru Friday 8:00 AM to 5:00 PM (with appointment exceptions)

Behavioral Health and Substance Use Disorders Assessments

Prevention Education/Counseling for all youth ages 9-24

Individual Counseling

Group Counseling

Family Counseling

Parenting & Neglect Classes (CPS Certified)

Anger Management Individual/Group

Family Wellness Program

Domestic Violence/Intimate Partner Violence (Victim or Perpetrator)(Probation/Court Certified)

AND MORE

Traditional Services

Traditional Talking Circles and 12-Step Meeting (Monday Nights 6:00 PM)

White Bison Medicine Wheel Program for Adults and Youth

Sacred Sage (Smudging) Ceremony

Sacred Sweat Lodge Ceremony (Introduced and Arranged)

Traditional Education and Experiences

Drumming, Singing, and Dancing Wednesday 6:00 PM to 7:30 PM

Beading Classes 6:00 PM to 8:00 PM

Public Health Care Case Management and Referral System

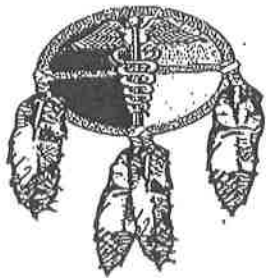
Referrals To: Primary Care, Vision, Dental, and Diabetes Care

Community, Family, and Individual Health Education

Residential Care and Sober Living Referrals

Community, Family, and Individual Mental Health Education

Please! Bring Your Suggestions, We Are Looking For Ways To Help The Native Community



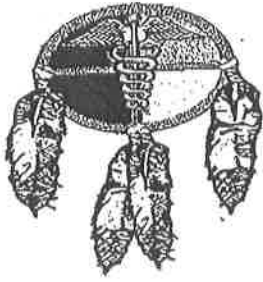
BAKERSFIELD AMERICAN INDIAN HEALTH PROJECT

1617 30th Street, Bakersfield, CA 93301

Phone (661) 327- 4030 Fax (661) 327-0145

Family Wellness Program

1. Parents In Healthy Families
2. Children In Healthy Families
3. Adult Relationships In Healthy Families
4. As Children Grow: Change In Healthy Families
5. Solving Family Problems
6. Sex, Drugs and You: Preparing Your Children for the World



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Wellness and Prevention Education

Youth Age 9 to 24

AT

Bakersfield American Indian Health Project

Wednesday March 15, 2017

4:30 PM to 6:00 PM

SOME of the TOPICS:

Problem Solving

Develop Resiliency

Personal Safety

Increase Self-Esteem

Communication

Living Drug Free

Living Alcohol Free

Living Tobacco Free

Living Violence Free

Contact the BAIHP at the number above

Speak to Christy or Don

Movie Tickets as incentives maybe other incentives

Snacks at the group meetings

Most important good information and a safe and enjoyable time for the
participants

**TRIBAL VERIFICATION/
ENROLLMENT DOCUMENTS**

In Order to be eligible for these services, you must meet one of the following criteria:

- Be a documented member of a federally recognized tribe.
- Have a certified degree of Indian blood (CDIB) from the Bureau of Indian Affairs.
- Be listed on the California Judgment Roll.
- Be a descendant of any of the above (with proof) limited to three generations.

**OTHER REQUIRED
DOCUMENTS**

To obtain services you must present the following:

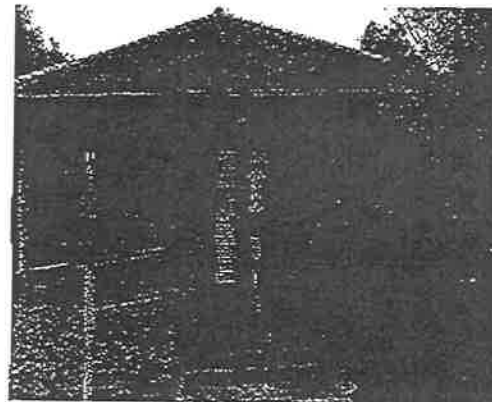
- Picture ID
- Social Security Card
- If Ages 0-18: Birth Certificate and Immunization Records.

Mission Statement

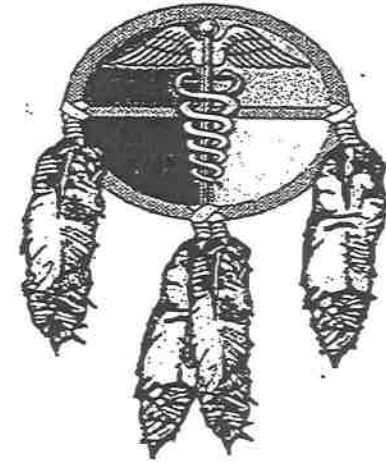
Our Mission is to actively serve the American Indian/Alaska Natives residing in Bakersfield, Arvin, Lamont and Oildale. Providing services that contribute to the health and vitality of the community in a respectful manner with high regard for cultural, spiritual and personal values of individuals.

Vision Statement

Support American Indian and Alaskan Native to grow socially, mentally, physically and spiritually.



BAKERSFIELD AMERICAN INDIAN HEALTH PROJECT



1617 30th Street
Bakersfield, CA 93301

Monday
8 am to 3 pm
Tuesday – Friday
8 am to 5 pm

Phone: (661) 327-4030
Fax: 661-327-0145

www.bakersfieldaihp.net

CASE MANAGEMENT

Public Health Nurse Case Management is available for all clients. Need's will be evaluated with a face to face visit by a PHN. With teamwork and collaboration a treatment plan will begin. The PHN will direct appropriate referrals based on a complete medical and social history that follows the treatment plan. Family Advocacy is an intricate part of the case management and advocacy, assistance is available for Healthy Families and other insurance applications, emergency food, clothing, and transportation.

MEDICAL

Primary medical care is provided through contract services throughout the communities served. With friendly and knowledgeable staff, we are confident that reliable and competent care will be received by our clients.

VISION

Regular eye exams and spectacles if needed are provided by local contract optometrists. Their knowledgeable and friendly staff will leave clients confident and satisfied. Pre-screening is done in the BAIHP office.

DENTAL

Regular dental exams and cleanings are essential for healthy teeth and gums. BAIHP's goal is for each client to have at least an annual dental visit for these services. Primary dental care

is provided through contract services throughout the communities served. X-rays, general cleaning, extractions, and emergency care are provided routinely. Other services will be provided according to acuity and need per dental policy.

PHARMACY

Pharmaceutical services are provided by local contract pharmacists. Their competent and friendly staff offers exceptional services including information and education. Prescription referrals will be made for generics when possible and within the scope of BAIHP Medication Policy taken into consideration.

DIABETES

Like other chronic illness, diabetes poses a wide range of problems for patients and their family members. These include pain, hospitalization changes in lifestyle and vocation, physical disabilities, and threatened survival. Direct psychological consequences can arise from any one of these factors, making it harder for patients to treat their diabetes and research has shown this disease to be hereditary. BAIHP's goal is prevention through education. Screenings, education, supportive equipment, and referral are used to delay complications of diabetes.

BEHAVIORAL HEALTH & SUBSTANCE ABUSE

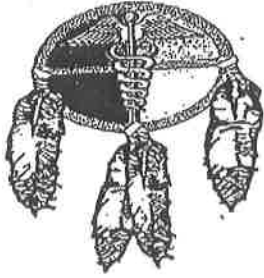
This department offers individual and group counseling, referrals when necessary appropriate care. Outpatient programs include: case management, prevention and intervention activities, traditional talking circles, 12 Step Program, anger management, parenting and neglect. Focus is to maintain a cultural and spiritual approach in gaining self-sufficiency, as well as learning to manage anger and stress, suicidal ideation, and other emotional trauma.

NATIVE CLUBHOUSE

BAIHP Clubhouse provides a safe place for our clients to learn about their native culture and expand their horizons in a unique and positive atmosphere.

We offer a healthy snack and fun activities such as arts and crafts, beading, drumming, dancing, singing and other cultural education.





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To all the Native American population in Kern County:

These services spoken about in this notice are free to all Native people, contact Don Bakersfield American Indian Health Project (BAIHP) is proud to announce they have achieved an award of grant for the local area. The grant consists of educational counseling offered concerning prevention of substances of abuse including drugs, alcohol, and tobacco; suicide, violence and life skills in all areas of formative development for our youth from age nine (9) to twenty-four (24). (example: Anger Management, Communication, Conflict Resolution, Stress Management, and Decision Making). BAIHP will offer cultural awareness through our staff and community volunteers in several areas as they are developed. (example: Drumming and singing of Native songs, Dancing, Beading class for youth, possibly Drum making for individuals etc.).

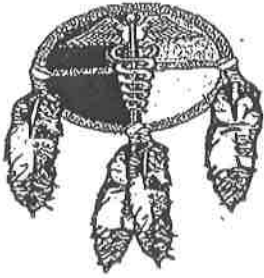
Parents and grandparents are included in this grant. The staff of the BAIHP are being educated in a program titled "Family Wellness" and this class will be offered free to the Native public. One time per week for approximately two hours included are the Family Wellness titles of Parents in Healthy Families, Children in Healthy Families, Adult Relationships in Healthy Families, As Children Grow: Change In Healthy Families, Solving Family Problems, Sex Drugs and You: Preparing Your Child for the World. These are topics that many people never talk about yet there is much concern surrounding these topics. Please allow yourself and families to have an opportunity to learn, have fun, and discuss these important topics. The BAIHP will also be offering Domestic Violence, Anger Management, and Parenting classes through our program. We have staff educated and trained for most if not all of your counseling and educational needs. We are a Spirit and love based program if there are any problems in your family please do not hesitate to call our offices for help, guidance, or a referral to another agency for assistance.

Programs described above are all Evidence Based Programs, which, mean they have been studied and developed for you to get the most out of each class and are accepted by the Federal, state, and local county government as preferred programs (check with us they may also cover CPS classes if needed). The programs are also used by other Native programs including the Washoe Nation in Reno Nevada. I personally have been affiliated with the Family Wellness program since 1998 and seen many happy faces achieve their certificate of completion. This is a great accomplishment and shows the positive effort that each individual makes as part of showing love for their children and families.

BAIHP needs your support and participation in these endeavors to be successful in bringing you the Native American people of our county these needed programs. Hopefully after working with us you will help us develop more programs or Talking Circles where we can sit and discuss the needs of each of us and how to come together and be good for our people and self. BAIHP and I thank you for allowing us to be here for you and to walk with you on your life path.

Respectfully;

Don English LMFT, CADCI Behavioral Health Director/Associate CEO



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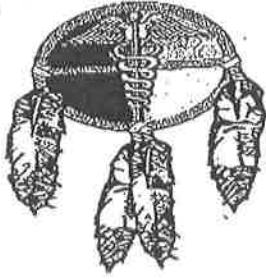
1/17/2016

The goal of the Bakersfield American Indian Health Project is to see each of your qualifying members for the new grant received. This includes all youth age nine (9) to twenty-four (24) and all parents, grandparents and legal guardians of any age. The programs consist of ongoing education and counseling concerning prevention work of substance use or abuse, violence, smoking, suicidal ideation, conflict with others, etc. The teaching of resilient success for age appropriate maturation and the healthy emotional growth for our youth is the goal. The Family Wellness and other services are directed at the (parental) family emotional and physical health. We want to help the parental figures with being healthy for their families, communication structure as a whole, helping with the healthy personal growth for the parental figures and the family unit. These are two separate services and experiences.

The process will need to be ongoing. As we see certain youth and ages it will continue and then the next group will be seen. Such as: seeing all the fifth graders in however many different groups it will take. Two groups of fifteen as an example, when the fifth graders have been seen the counselors will take a week or two off and return to start with the fourth graders. When all or most of the fourth graders are seen we will take one to two weeks off and return for the process of prevention and education with the next chosen age group. The process with the parental figures is the same. When we have seen one group of adults we will take a week or two off and see the next group until we have seen all the adult figures in these families. As the time moves forward there will be people who move on and new clients to take their place. The groups for children/youth and the parental figures literally could effectively go on for years to come. Each New Year and age has a different set of life experiences and education that need to be dealt with. That is the BAIHP's goal to always be helping the new clients and those who have not received the education and counseling that others have had the opportunity to achieve.

We at the BAIHP have the interest of all Native people in our community in our hearts. We have asked for these grant monies so we can be there for each and every generation. We want to work with our children, youth, parents and elders as life progresses. We have accumulated a staff that is capable and caring. Now we need each agency and each person to step up be responsible and participate. We can prepare and be ready to give services for any occasion yet we cannot be productive and successful without each person doing their part, which includes being personally honest with self and us, and being courageous enough to utilize the BAIHP program for your own betterment. We hope to see the staff of other agencies and the collective group of clients from each agency and the community in the near future. Thank you for being part of our lives as we work hard to prove that we can be a productive and positive part of each of your lives.

Respectfully;
The Staff of the BAIHP



BAKERSFIELD AMERICAN INDIAN HEALTH PROJECT

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Phone (661) 327- 4030 Fax (661) 327-0145

To Whom It May Concern:

The Bakersfield American Indian Health Project (BAIHP) desires to offer Behavioral Health Services to all Native American Indian/Alaskan Natives (AI/AN) that live in the County of Kern with a focus on the Bakersfield, Oildale, Lamont and Arvin areas. We hope to resume the services offered in the recent past by aligning with the Kern County Department of Human Services, Child Protective Services, Adult Probation Services and Minor Probation Services along with the State Parole Department and any agency that may need to refer an AI/AN for some form of Service that the BAIHP is capable of initiating. Second page there is a list of services that were offered in the past and the BAIHP can continue to offer at this time. If there are other services needed it would be appreciated if each agency share their needs as we meet and the staff of the BAIHP will explore these needs and look for ways help in any way possible.

The BAIHP has on staff at this time a Licensed Marriage and Family Therapist with a CADCI certification; another Certified Alcohol and Drug Counselor (CADCI); and a trained and well-seasoned counselor certified in Domestic Violence, Anger Management and Parenting. We utilize the Anderson and Anderson workbooks for Domestic Violence and Anger Management, the Family Wellness Associates program for Parenting and other family services. Substance Use Disorders counseling by certified counselors utilizing the Matrix Model program and the White Bison programs for cultural awareness. All these programs are in the SAMSHA Evidence Based programs accepted by the Federal and State of California Department of Human Services.

At this time all services are free to the AI/AN's that meet the federal criteria as AI/AN standard. The fees are paid for through the BAIHP contracts and grants through the Indian Health Services. The BAIHP will only accept referrals that are AI/AN at this time. Hopefully the need for a culturally relevant program for the AI/AN people of Kern County supporting the Counties and the AI/AN's peoples' needs will be accepted as it was in the past.

Thank you for your time and acceptance in advance. I look forward to meeting each agency and their employees as we move forward with this project.

Respectfully;

Don English MFT, CADCI, Associate CEO

AB490 Foster Youth Education Liaison Contact List as of 07/01/2017

District	ED. LIAISON	PHONE #	FAX #	E-MAIL ADDRESS
Kern County Supt. of Schools	Curt Williams	661.636.4401	661.636.4501	cuwilliams@kern.org
Kern County Supt. of Schools	Rolando Hernandez	661.636.4492	661.636.4501	rhernandez@kern.org
Kern County Supt. of Schools	Ian Anderson	661.636.4409	661.636.4501	iaanderson@kern.org
Department of Human Services	Emily Stewart	661.631.6162	661.631.6102	steware@kerndhs.com
Department of Human Services	Darla Munoz	661.631.6434	661.631.6102	munozd@co.kern.ca.us
Kern County Probation Dept.	Marcos G. Sifuentes	661.396.4520	661.396.4575	SifuentesM@co.kern.ca.us
Arvin Union School District	Karen Davis	661.854.6526	661.854.6585	Kdavis@arvin-do.com
Bakersfield City School District	Suzanne Guest	661.631.4910	661.861.0835	guestsu@bcsd.com
Bakersfield City School District	Jesse Beed	661.631.4637	661.861.0801	beedj@bcsd.com
Beardsley School District	Angel Dean	661.393-8550 ext.201	661.393.5965	andean@beardsley.k12.ca.us
Belridge Elementary School District	Stacia Fleming	661.762.7381	661.762.9751	stflemi@zeus.kern.org
Blake Elementary School District	Dawn Carver	661.536.8559	661.536.9389	dacarve@zeus.kern.org
Buttonwillow Union School District	Heidi Witcher	661.764.5248 Ext 103	661.764.5165	hwitcher@buttonwillowschool.com
Caliente Union School District	Kathleen Hansen	661.867.2301	661.867.6902	khansen@calienteschooldistrict.org
Delano Union Elementary SD	Tina Tyler Smith	661.721.5000 x00153	661.721.3099	tsmith@duesd.org
	James Hay	661-721-5000x00187	661-721-3099	jhay@duesd.org
Delano Joint Union High SD	Adelaida Ramos	661.720-4125	661.720.4298	aramos@djuhsd.org
DiGiorgio School District	Terry Hallum	661.854.2604	661.854.8746	thallum@digiorgio.k12.ca.us
Edison School District	La'Steveia Dixon	661.366-8440 Ext 2163	661.366-0159	ldixon@edison.k12.ca.us
	Pam Diehl	661.366-8216 Ext 1137	661.366-0922	pdiehl@edison.k12.ca.us
El Tejon Unified School District	Anne Burnaugh	661.245.4303	661.245.2516	healthystart@frazmtn.com
El Tejon Unified School District	Anne Duhm	661.248.6680	661.248.5203	aduhm1@el-tejon
Elk Hills School District	Sandra D. Bafia	661.765.7431 Ext 3	661.765.4583	sabafia@elkhills.org
Fairfax School District	Lora Brown	661.978.9262	661.363.5478	lbrown@fairfax.k12.ca.us

Fruitvale School District	Janet Clark	661.589.3830	661.589.3674	jaclark@fruitvale.net
General Shafter School District	Sandy Johnson	661.837.1931	661.837.8261	sandraj@generalshafter.org
Greenfield Union School District	Melissa Ortiz	661-837-6130 x 4103	661.832.2873	ortizm@gfusd.net
Kern High School District	Michelle Blalock	661.827.3419	661.827.3304	Michelle_blalock@kernhigh.org
Kernville Union School District	Lisa Smith	760.379.4863	760.379.5953	lismith@kernvilleusd.org
Lakeside Union School District	Russell Van Dyke	661.834.4189	661.831.1145	rvandyke@lakesideusd.org
Lamont Elementary School District	Jennifer Wood-Slayton	661.845.2724	661.845.5114	jwood@lesd.us
Linns Valley-Poso Flat Union SD	Tami Pritchard	661.536.8811	661.536.8878	tapritc@zeus.kern.org
Lost Hills Union School District	Fidelina Saso	661.797.2626	661.797.2580	fisaso@losthills.k12.ca.us
Maple School District	Dr. Julie Boesch	661.746.4439	661.746.4765	jboesch@mapleschool.org
Maricopa Unified School District	Dr. Scott Meier	661.769.8231	661.769.8168	smeier@musd.email
McFarland Unified School District	Lori Schultz	661.792.3178	661.792.6758	loschultz@mcfarland.k12.ca.us
McKittrick Unified School District	Barry Koerner	661.762.7303	661.762.7283	bakoern@zeus.kern.org
Midway School District	Theresa Birdsong	661.747.9036	661.768.4746	theresabirdsong1231@gmail.com
Mojave Unified School District	Stephanie Newby	760.373.4708	760.373.4752	stephanienewby@mojave.k12.ca.us
Muroc Joint Unified School District	Kevin Cordes	760.769.4821 Ext. 276	760.769.4241	kcordes@muroc.k12.ca.us
Norris School District	Jon Boles	661.387.7000	661.399.9750	joboles@norris.k12.ca.us
Panama-Buena Vista School District	Randy Miller	661.397.2200 ext 6439	661.836.9710	jmiller@pbvusd.net
Pond Union School District	Ana Barajas	661.792.2545	661.792.2303	abarajas@pond.k12.ca.us
Richland School District	Rosa Romero	661.746.8625	661.746.8614	rromero@rsdshafter.org
Ridgecrest Charter School	Gayle Pietrangelo	760.375.1010	760.375.7766	gayle.pietrangelo@rcharter.org
Rio Bravo-Greeley Union SD	Jennifer Hedge	661.589.2696	661.589.2218	jhedge@rbgusd.org
Rosedale Union School District	Dr. Tom Ewing	661.588.6000 ext 7	661.588.6009	tewing@ruesd.net
Semitropic School District	Bethany Ferguson	661.758.2436	661.758.4134	bferguson@semitropicschool.org
Sierra Sands Unified School District	Michelle Savko	760-499-1642	760.446.1639	msavko@ssusd.org

South Fork Union School District	Mer Conner	760.378.2211	760.378.3046	mconner@southforkschool.org
Southern Kern Unified School District	Leanne Hargus	661.256-5000x1118	661.256.1247	lhargus@skusd.k12.ca.us
Standard School District	Jocelyn Hively	661.392.2110	661.392.0681	jhively@standardschools.net
Taft City School District	Julie Graves	661.763.1521	661.763.1495	jgraves@taftcity.org
Taft Union High School District	Chelle Koerner	661.763.2331	661.763.2339	ckoerner@taft.k12.ca.us
Tehachapi Unified School District	Sharon Heitman	661-822-2103	661.822.2265	shheitman@teh.k12.ca.us
Vineland School District	Dr. Matthew Ross	661.845.3713	661.845.8449	mross@vineland.k12.ca.us
Wasco Union Elementary	Brad Maberry	661.758.7100	661.758.7169	brmaberry@wuesd.org
Wasco Union High School District	Robert Cobb	661.758.8447	661.758.4946	rocobb@wasco.k12.ca.us
Kern County Supt. of Schools LCAP	Jason Hodgson	661.636.4623	661.636.4135	jahodgson@kern.org
KCSOS/Amiriam Jamison Children's Center	Lourdes Bucher	661.327.4084	661.327.7276	lobucher@kern.org
North Kern Comm. School/KCSOS	Brianna Hughes	661.721-2130	661.721-8618	Brhughes@kern.org

BAKERSFIELD COLLEGE



Foster & Kinship Care Education Program

Resource Family Training Schedule

July 2017 to December 2017

Wednesday, July 12, 2017

Time: 6:00pm-8:00pm

Location: Weill Institute, Room 102
2100 Chester Ave
Bakersfield, CA 93301

Topic: *Caring for Children with Severe Emotional / Behavioral Needs Level 2*

Instructor: Tabitha Myrow, M.A. Ed.

Caring for Children with Severe Emotional/Behavioral Needs is a specialty training required for caregivers receiving a Special Care Increment (SCI) from the Kern County Department of Human Services.

Tuesday, August 8, 2017

Time: 6:00pm-8:00pm

Location: Weill Institute, Room 102
2100 Chester Ave
Bakersfield, CA 93301

Topic: *The Adoption Process*

Instructor: Jessica Cervantes-Macias, Social Service Worker V, Kern County Department of Human Services

This training will be focused on the adoption process. Participants will learn what to expect during the entire adoption experience, including the legal perspective, the roles of the different agencies involved in the adoption process, the role of the social worker, and the role of the perspective adoptive parent. They will also be made aware of continuing support offered for post-adoption families; such as the Adoption Assistance Program.

Wednesday, August 9, 2017

Time: 6:00pm-8:00pm

Location: Weill Institute, Room TBA
2100 Chester Ave
Bakersfield, CA 93301

Topic: *Positive Parenting & Discipline*

Instructor: Cherilyn Haworth-Price, M.S.W., L.C.S.W.

This training will focus on incorporating useful skills and methods to improve communication with your child and allow you to spend more quality time together. Parents will be taught various age and developmentally appropriate ways to approach discipline situations with your child, and how to defuse difficult situations such as tantrums and power struggles. Parents will learn about expected behaviors by age and a wide range of ways to solve common issues.

Saturday, August 12, 2017

Time: 9:00am-11:00am

Location: Kern County Department of Human Services:
Columbus Center Family Team Conference Room
3711 Columbus Center
Bakersfield, CA 93306

Topic: *Navigating the Teenage Mood*

Instructor: Cherilyn Haworth-Price, M.S.W., L.C.S.W.

Adolescence is one of the most difficult transitional periods a person will encounter. We will discuss how teens experience the various transitions associated with adolescence, how trauma may impact those transitions, and how you as a parent can help support them. We will provide tips and techniques to defuse escalated teens and approaches to take when dealing with high risk situations, such as running away, cutting, and potential suicidality.

Monday, August 14, 2017

Time: 9:00am-11:00am

Location: Weill Institute, Room 102
2100 Chester Ave
Bakersfield, CA 93301

Topic: *Immunizations, Sexuality, STD's and Pregnancy Prevention for Teens*

Instructor: Monique Moreland, Public Health Nurse, Kern County Department of Human Services

This class will provide caregivers with a basic understanding of STD/STI symptoms, treatment and prevention measures. Pregnancy prevention and youth immunizations will also be discussed as part of a teen's sexual health. In general, the caregiver will be equipped to engage and identify sexually related concerns with the youth.



Tuesday, August 22, 2017

Time: 6:00pm-9:00pm

Location: Weill Institute, Room 102
2100 Chester Ave
Bakersfield, CA 93301

Topic: *RFA Session 7: Self Care*

Instructor: Tabitha Myrow, M.A. Ed. & Cherilyn Haworth-Price, M.S.W., L.C.S.W.

Stress can make us ineffective at learning and reacting in ways we want to react. As a foster parent, you are asked to deal with difficult situations and make quick decisions. Research has shown that stress can make these sometimes difficult situations feel impossible. This training teaches you the different types of stress and how each type of stress can impact you. We also cover how to take care of yourself to combat each type of stress, and how to give yourself all the tools you need to take on the daily expectations of foster parenting. This workshop style training will help you in creating your own Self Care plan that works for you!

Tuesday, August 24, 2017

Time: 9:00am-11:00am

Location: Kern County Department of Human Services:
Columbus Center Orientation Room
3711 Columbus Center
Bakersfield, CA 93306



Topic: *LGBTQ Family Acceptance*

Instructor: Moises Duran, Equality Organizer, Dolores Huerta Foundation

This training will provide information on the differences between sexual orientation, gender identity, gender expression and biological sex. Discussion about the importance of family support in order to create a safer, healthier environment at home for LGBTQ youth and children.

Wednesday, September 6, 2017

Location: Weill Institute, Room 101
2100 Chester Ave
Bakersfield, CA 93301

Topic: *Car Seat Training*

Instructor: Susan Derichsweiler, Peer Recruiter, Hartnell College

*More information TBA

Wednesday, September 20, 2017

Time: 10:00am-12:00pm

Location: Kern County Department of Human Services:
Columbus Center Orientation Room
3711 Columbus Center
Bakersfield, CA 93306

Topic: *1, 2, 3 Magic Parenting*

Instructor: Becky Colaw, M.S.

Teach your kids to STOP arguing, whining, throwing tantrums, pouting, yelling, fighting, teasing, and being disrespectful. Also learn how to avoid the Talk-Persuade-Argue-Yell-Hit Syndrome, deal with the Six Kinds of Testing and Manipulation, handle misbehavior in public, exercise self-control and be an effective yet gentle disciplinarian.



Wednesday, September 20, 2017

Time: 5:00pm-7:00pm

Location: Weill Institute, Room TBA
2100 Chester Ave
Bakersfield, CA 93301

Topic: *Education Resources*

Instructor: Ian Anderson, Prevention Service Facilitator, Kern County Superintendent of Schools
Education and enrollment information for resource families to assist when enrolling their youth in school. Topics include; AB490 (immediate enrollment), AB167/216 (credit/waiver), education rights holders, etc. and supporting reference material. The last half of the class will focus on community resources to support foster youth transition to adulthood. Resources include; college/vocational, housing options, mental health services, AB12 (extended foster care) and other resources.

Thursday, September 28, 2017:

Time: 6:00pm-8:00pm

Location: Weill Institute, Room 102
2100 Chester Ave
Bakersfield, CA 93301

Topic: *Caring for Children with Severe Emotional Needs Level 3-4*

Instructor: Tabitha Myrow, M.A. Ed.

Caring for Children with Severe Emotional / Behavioral Needs is a specialty training required for caregivers receiving a Special Care Increment (SCI) from the Kern County Department of Human Services.

Tuesday, October 3, 2017

Time: 10:00am-11:00am

Location: Kern County Department of Human Services:
Columbus Center Orientation Room
3711 Columbus Center
Bakersfield, CA 93306

Topic: *Family Dinners Make a Difference*

Instructor: Mary Rosendo, Program Specialist, Behavioral Health & Recovery Services

Participants will learn about the "Importance of Family Dinner Study" completed by CASA Columbia and the positive impact for children of having frequent family dinners (5-7 times per week).

Tuesday, October 10, 2017

Time: 6:00pm-9:00pm

Location: Weill Institute, Room 102
2100 Chester Ave
Bakersfield, CA 93301

Topic: *RFA Session 8: Special Topics in Foster Care*

Instructor: Becky Colaw, M.S. & Cherylyn Haworth-Price, M.S.W., L.C.S.W.

This session covers some of the more complex issues seen in the foster care system, such as navigating the medical system for children with special medical needs or partnering with the mental health system for children with mental health needs. This session is geared towards answering your specific questions and help you develop problem solving skills that will be useful in creating a team atmosphere with all the partners that work with you to keep children safe! Recommended for all resource families especially those that have recently attended the RFA training.

Tuesday, October 24, 2017

Time: 6:00pm-8:00pm

Location: Weill Institute, Room 101
2100 Chester Ave
Bakersfield, CA 93301

Topic: *CASA Informational Training*

Instructor: Diana Shaw, Advocate Supervisor, CASA of Kern County

Learn about CASA (Court Appointed Special Advocates) who they are and what they do.



Saturday, October 28, 2017

Time: 10:00am-12:00pm

Location: Kern County Department of Human Services
Columbus Center Santa Maria Conference Room
3711 Columbus Center
Bakersfield, CA 93306

Topic: *Finding the Middle Path: Providing Trauma Informed Care in a Traumatizing Culture*

Instructor: Cherilyn Haworth-Price, M.S.W., L.C.S.W.

In this training we will discuss the tools of the middle path to help parent traumatized children in today's world.”



Tuesday, November 7, 2017

Time: 6:00pm-8:00pm

Location: Weill Institute, Room 102
2100 Chester Ave
Bakersfield, CA 93301

Topic: “*Damaged*”

Instructor: Becky Colaw, M.S.

This training will be based on the book *Damaged* by Cathy Glass. Discussion will be focused on foster care, adoption and relative care. Participants will receive a free copy of the book.

Tuesday, November 14, 2017

Time: 9:00am-11:00am

Location: Weill Institute, Room 103
2100 Chester Ave
Bakersfield, CA 93301

Topic: *Asthma, Depression, Tattoo/Body Piercing*

Instructor: Angela Bivins and Wendy Jewett, Public Health Nurse, Kern County Department of Human Services

Saturday, November 18, 2017

Time: 10:00am-12:00pm

Location: Kern County Department of Human Services:
Columbus Center Santa Maria Room
3711 Columbus Center
Bakersfield, CA 93306

Topic: *The Martian Child*

Instructor: Cherilyn Haworth-Price, M.S.W., L.C.S.W.

In this workshop participants will watch the movie *Martian Child*, a film about a science-fiction writer, recently widowed, considers whether to adopt a hyper-imaginative 6 year old abandoned and socially rejected boy who says he's really from Mars. Participants will join in a discussion about trauma and how resource parents can help children heal.

Saturday, December 2, 2017

Time: 10:00am-12:00pm

Location: Kern County Department of Human Services:
Columbus Center Santa Maria Conference Room
3711 Columbus Center
Bakersfield, CA 93306

Topic: *The Colors of Grief*

Instructor: Cherilyn Haworth-Price, M.S.W., L.C.S.W.

The Colors of Grief addresses children's shattered lives and expectations and the stages through their developmental phases, to provide practical applications to support them after a significant life loss, which can include the death or removal of a parent or caregiver. This is such a chronic experience of foster youth that it is important to understand that their emotional journey is one of many colors - colors of love and sadness, courage and fear, strength and confusion. Some of these colors are brilliant, some dull, some dark, and some bright. The goal of this training is to help a child's color's shine bright - including their colors of resilience.

Tuesday, December 5, 2017

Time: 5:00pm-7:00pm

Location: Weill Institute, Room 102
2100 Chester Ave
Bakersfield, CA 93301

Topic: *Caring for Children with Severe Emotional / Behavioral Needs Level 2*

Instructor: Tabitha Myrow, M.A. Ed.

Caring for Children with Severe Emotional/Behavioral Needs is a specialty training required for caregivers receiving a Special Care Increment (SCI) from the Kern County Department of Human Services.

Tuesday, December 5, 2017

Time: 7:00pm-9:00pm

Location: Weill Institute, Room 102
2100 Chester Ave
Bakersfield, CA 93301

Topic: *Caring for Children with Severe Emotional Needs Level 3-4*

Instructor: Tabitha Myrow, M.A. Ed.

Caring for Children with Severe Emotional / Behavioral Needs is a specialty training required for caregivers receiving a Special Care Increment (SCI) from the Kern County Department of Human Services.

Thursday, December 14, 2017

Time: 9:00am-12:00pm

Location: Weill Institute, Room 102,
2100 Chester Ave.
Bakersfield, CA 93301

Topic: *"A Volcano in my Tummy"* **Instructor:** Tabitha Myrow, M.A. Ed.

This training will be based on the book *A Volcano in my Tummy*.

It is about helping 6-15 year old handle their anger so that they can live successfully, healthily, happily and non-violently. The book has stories, easy to use games and exercises designed to encourage children to see their anger and to deal constructively with it. Participants will receive a free copy of the book.

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13
SUMMER
2017



Koinonia Family Services Adoption Program

PERMANENCY & SUPPORT SERVICES NEWSLETTER

Koinonia...
*Serving the adoption community
with education, advocacy, and
support for and by adoptive families*



Permanency and Adoption Support Services (PASS)
FREE to ALL families who are considering adoption, in the process of adoption,
or have adopted through Kern County Department of Human Services

Six Easy Ways to Create Attachment

by Dr. Karyn Purvis, Creator of Trust-Based Relational Intervention

Dr. Karyn Purvis, co-author of *The Connected Child*, provides six ways for foster and adoptive parents to deepen their attachment with their foster and adoptive children.

Meet the child's needs: Dr. Purvis recommends asking your child to tell you what they need. In her videos, Dr. Purvis tells the child, "I'm a sure thing. Tell me what you need."

Say yes: Dr. Purvis recommends that you focus on saying "yes" to your child more than you say "no". Your goal should be to say seven "yeses" to every one "no".

Make eye contact: Look your child in the eye and encourage your child to make eye contact with you. It's been said that the "eyes are the windows of the soul". Our eyes express love and warmth. Dr. Purvis asks "When you look in your child's eyes, what are they saying? What do your eyes tell them back?"

Touch: Learn your child's cues about touch. Do they feel safe being touched? If they do, touch your child affectionately and often. If your child resists your touch, stop short of actually touching them.

Mirror the child's behaviors: When a child laughs, her parent laughs. When a baby coos, the parent coos back. Mirroring the child's behaviors builds trust and attachment. If your child is playing with toys on the floor, the parent can mirror the child's behavior by playing with the toys on the floor alongside the child.

Follow the child: Allow the child to be the leader in a Special Time activity. During that time, give the child your undivided attention with no cell phones, television or household chores. If your child is playing on the floor with Lego bricks, then you get down on the floor and ask about what he is building, and what piece he needs next. This gives your child the opportunity to have a voice, which is important for creating trust and attachment.

Koinonia's Permanency and Adoption Support Services (PASS) seeks to provide the highest quality treatment and services available to children, youth and their families by supporting family systems created through adoption and other permanency options so families can fulfill their life-long commitments to children.

PASS Services include:

- ▶ Adoptive Parent Recruitment
- ▶ Adult/Parent Education
- ▶ Advocacy and Service Linkage
- ▶ Screening and Assessment
- ▶ Case Management
- ▶ Adoption Support Groups
- ▶ Free Childcare During Adoption Support Groups
- ▶ Crisis Intervention
- ▶ Mental Health Services

PASS is coordinated through Koinonia's Bakersfield District Office. For additional information, please contact (661) 833-4483 or visit us at adoption.kfh.org.

Bakersfield Staff Directory

Office: (661) 833-4483
Fax: (661) 833-4482

Chuck Adkins, MS
Associate Executive Director
Central California
cadkins@kfh.org

Stephanie Rice, MA
District Administrator
srice@kfh.org

Erin Wallace, MSW
Adopt/FFA Supervising Social Worker
ewallace@kfh.org

Evelyn Eterno, LCSW, PASS Contract
Adopt/FFA Social Worker
eeterno@kfh.org

Norma Rhodes, MS, MSW
Adopt/FFA Social Worker
nrhodes@kfh.org

*Veronica Rodriguez, MSW
Adopt/FFA Social Worker
vrodriguez@kfh.org

Connie Manning, MSW
Adopt/FFA Social Worker
cmanning@kfh.org

*Carolyn Torres, MSW
Adopt/FFA Social Worker
ctorres@kfh.org

*Vanessa Nunez, MSW
Adopt/FFA Social Worker
vnunez@kfh.org

*Aylin Chavez
Administrative Support & Notary
achavez@kfh.org

Mardi Yeary
Resource Parent Coordinator
myeary@kfh.org

*Spanish Speaking

Tehachapi Staff Directory

P: (661) 823-9738
F: (661) 823-1456

Deborah Karsgor, MS
District Administrator
dkarsgor@kfh.org

Kelly Arbaut, MSW
Adopt/FFA Social Worker
karbaut@kfh.org

Judith Mitchell, PhD, Psychology
Social Worker
jmitchell@kfh.org

Scott Anderson, M.Ed.
Social Worker
sanderson@kfh.org

*Barbara Munoz, MSW
Adopt/FFA Social Worker
bmunoz@kfh.org

Beth Maddison
Resource Parent Coordinator
emaddison@kfh.org

Katelynn Dearing
Program Support Specialist
kdearing@kfh.org

*Spanish Speaking



COME JOIN US FOR KOINONIA SUPPORT GROUPS



Do you and your child need support in your adoption journey?

Are you in search of others experiencing similar joys and challenges associated with adoption?

Could you offer support to other adoptive families?

If you answered, "yes" to any of those questions, we want you!

Adult Support Groups • "Connections" for Children & Teens • Free Childcare

2017 PASS Meeting Schedule ~ 6:30-8:30pm
Jun 12, Jul 3, Aug 7, Sep 5, Oct 2, Nov 13, Dec 4

Crisis Hotline: (661) 328-2153 or (866) 223-1983

Upon request, childcare and training certificates are available at no charge
For questions or to RSVP for childcare, email kernpass@kfh.org or call (661) 833-4483

Adoption Support Groups are held at:
Ridgeview Community Church
8420 Stine Road, Bakersfield

Hwy 99 Southbound:

- Take 99 South
- Take Panama Ln Exit
- Turn right onto Panama Ln
- Turn left onto Stine Rd
- Destination will be on the left

Hwy 99 Northbound:

- Take 99 North
- Take Taft/Lamont Exit
- Turn left onto South H St
- Take the 1st left onto Taft Hwy
- Turn right onto Stine Rd
- Destination will be on the right



Visit and Like us at:

To get updates and additional information



www.facebook.com/kernpass

FREE Lending Library



Stop by our Bakersfield Office to check out books and videos that cover a range of topics, including attachment, fetal alcohol syndrome, sensory processing disorders, plus much more!



For more information:

Resource Family Orientation
#661-631-6204

RFA Pre-service training
#661-319-1836

CPR/First Aid training
#661-319-1836



Presented by
Kern Bridges Youth Homes and the
Kern County Department of Human Services
CAMP FOREVER
A weekend of fun and relaxation with fellow
adoptive families at the Canyon Creek Retreat
Center facility located near Lake Castaic
August 25-27, 2017
www.kernbridges.com

August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	01 "BPD National Night out" Riverwalk park 6pm-9pm	02	03 "Back to School Health and Wellness Fair" Kern County Fair 9am-12pm	04	05 Victory Outreach "Back to school Summer Outreach" 220 Eureka Street 10am-1pm
06	07 RFA pre-service training #1 6pm-9pm CPR/First Aid 5pm-9pm	08 RFA pre-service training #2 6pm-9pm	09 RFA pre-service training #3 6pm-9pm	10 Resource Family Orientation 5:30pm-8:30pm Back to School Health and Wellness Fair Kerr McGee Community Center Ridgecrest 9am-12pm	11	12 PRIDE Pre-Adopt 8am-5pm CPR/First Aid 8am-12pm In-service training 9am-11am @ Columbus Center Back to School Giveaway St. John Baptist Church 9am-11am
13	14 RFA pre-service training #4 6pm-9pm CPR/First Aid 5pm-9pm	15 RFA pre-service training #5 6pm-9pm	16 RFA pre-service training #6 6pm-9pm	17 Spanish Resource Family Orientation 5:30pm-8:30pm	18 RFA pre-service training #1 6pm-9pm	19 RFA pre-service training #2 & 3 9am-4pm
20	21	22 In-service training 6pm-9pm @ Weill Institute	23	24 Resource Family Orientation 5:30pm-8:30pm	25 RFA pre-service training #4 6pm-9pm CPR/First Aid 5pm-9pm CAMP FOREVER	26 RFA pre-service training #5 & 6 9am-4pm CAMP FOREVER
27 CAMP FOREVER	28	29	30	31	01	02
03	04	05	06	07	08	09



For more information:

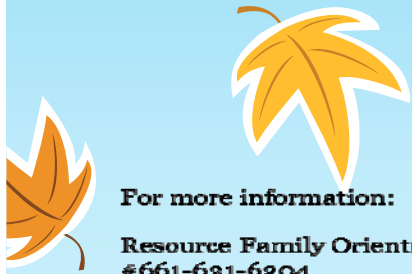
Resource Family Orientation
#661-631-6204

RFA Pre-service training
#661-319-1835

CPR/First Aid training
#661-319-1835

September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	01 Artwalk at First Friday 5pm-9pm @ 19 th and Eye St.	02 Family Day At Buena Vista Museum @2018 Chester Ave
03	04	05 SJCH Children's Mobile Immunization Clinic 9am-2pm @ The park at River Walk	06 In Service Training (Car seat training) @ Weill Institute	07 Resource Family Orientation 9am-12pm	08	09 CPR/First Aid 8am-12pm PRIDE Pre-Adopt Training 8am-5pm Bakersfield Collector-Con 10am-4pm @ 1001 Truxtun Ave
10 Bakersfield Collector-Con 10am-4pm @ 1001 Truxtun Ave	11 RFA Pre-Service Training #1 6pm-9pm Child ID Cards 2pm-4:30pm @ BPD 1601 Truxtun Ave	12 RFA Pre-Service Training #2 6pm-9pm	13 RFA Pre-Service Training #3 6pm-9pm	14 Resource Family Orientation 5:30pm-8:30pm CPR/First Aid 8am-12pm	15	16
17	18 RFA Pre-Service Training #4 6pm-9pm CPR/First Aid 5pm-9pm	19 RFA Pre-Service Training #5 6pm-9pm	20 In Service Training 10am-12pm @ Columbus Center In Service Training 5pm-7pm @ Weill Institute RFA Pre-Service Training #6 6pm-9pm	21 Spanish Resource Family Orientation 5:30pm-8:30pm	22 RFA Pre-Service Training #1 6pm-9pm CPR/First Aid 5pm-9pm	23 Tejon Tribe Pow Wow 11am-10pm @ CSUB RFA Pre-Service Training #2 9am-12pm RFA Pre-Service Training #3 1pm-4pm
24 Tejon Tribe Pow Wow 11am-6pm @ CSUB	25	26	27	28 Resource Family Orientation 5:30pm-8:30pm In Service Training 6pm-8pm @ Weill Institute	29 RFA Pre-Service Training #4 6pm-9pm	30 RFA Pre-Service Training #5 9am-12pm RFA Pre-Service Training #6 1pm-4pm
01	02	03	04	05	06	07



For more information:

Resource Family Orientation
#661-681-6204

RFA Pre-service training
#661-319-1836

CPR/First Aid training
#661-319-1836

October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02	03 In Service Training 10am-11am @ Columbus Center	04	05	06	07 Family Day At Buena Vista Museum @2018 Chester Ave
08	09 RFA Pre-Service Training #1 6pm-9pm	10 In Service Training 6pm-9pm @ Weill Institute RFA Pre-Service Training #2 6pm-9pm	11 RFA Pre-Service Training #3 6pm-9pm	12 Resource Family Orientation 5:30pm-8:30pm	13	14
15	16 RFA Pre-Service Training #4 6pm-9pm	17 RFA Pre-Service Training #5 6pm-9pm	18 RFA Pre-Service Training #6 6pm-9pm	19 Spanish Resource Family Orientation 5:30pm-8:30pm	20 RFA Pre-Service Training #1 6pm-9pm	21 RFA Pre-Service Training #2 9am-12pm RFA Pre-Service Training #3 1pm-4pm PRIDE Pre-Adopt Training 8am-5pm
22	23	24 In Service Training 6pm-8pm @ Weill Institute	25	26 Resource Family Orientation 5:30pm-8:30pm	27 RFA Pre-Service Training #4 6pm-9pm	28 In Service Training 10am-12pm @ Columbus Center RFA Pre-Service Training #5 9am-12pm RFA Pre-Service Training #6 1pm-4pm
29	30	31 CPR/First Aid 8am-12pm Resource Family Orientation 9am-12pm	01	02	03	04
05	06	07	08	09	10	11