

RECRUITMENT - DEVELOPMENT - SUPPORT NEWSLETTER

(Quarterly Newsletter for KERN'S Resource Foster Caregiver)

WINTER 2015



LETTER FROM THE OMBUDSMAN:

Hello,

My name is Curt Williams and I am the Ombudsman for the Kern County Department of Human Services. I have served in my role as the Department's Ombudsman since September of 2012. With Margarita Soza's retirement I have the pleasure of bringing the duties of her role as Foster Care Ombudsman under my purview. I know I have big shoes to fill and Margarita is sorely missed by me, her colleagues and I am sure many caregivers and community partners.

So a little bit about me... since taking office it has been my goal to hear from our customers and help them to resolve their concerns in an objective manner that best serves the customer and the children who we are all tasked with caring for and protecting. As caregivers for our children I appreciate the unique and vital role each of you plays in our children's lives. As you care for our children daily you often know their hearts, their joys, love, fears and hopes intimately and we need your love, compassion and passion to help each of them thrive. It is important to me that our system of care supports and lifts up each of you so that you can provide the love and support that our children deserve.

Professionally, I have a wide range of experience in Child Welfare Services and state laws and regulations that will aid me in being a strong resource for the caregivers of Kern County. An Ombudsman is known as an advocate and/or mediator who acts as an unbiased fact finder to resolve customer service complaints. My commitment to you is that my staff and I will be here to listen to your concerns and resolve your complaints in a manner that supports quality customer service and the best interest of our children. I truly believe that if our mutual focus remains on supporting the best interest of our children there are no limits to the things we can accomplish for them.

Curt Williams(661) 631-6188

BREAKFAST WITH SANTA

Save the date!

On December 12th DHS will be hosting our annual "Breakfast with Santa" for our foster children and their caregivers. All licensed county foster families, relative caregivers and non-relative caregivers are encouraged to attend. This year's event will be held at Canyon Hills Church and will feature games, prizes, food and best of all a picture with Santa. You will receive invitations in the mail shortly. We look forward to seeing you there!

HOLIDAY COTTAGE

Plans are underway for the 2015 Holiday Cottage which will once again be located at the East Hills Mall, 3000 Mall View Road, Suite 1045. County Licensed Resource Foster Families can expect to receive a letter in upcoming weeks with details on this year's Cottage and instructions on completing the wishes for the children. Please see the attached flyer for more details.



PASS ALONG CARDS

Call for your deck of cards and begin referring your family, friends and neighbors to become a licensed Resource Foster Family. The cards have orientation information and a space for your name/phone number. \$50 gift cards are available for each qualifying pass along card submitted to DHS that results in an approved foster care license. For more details, call the Foster Parent Recruitment line at (661) 631-6204.

DREAM CENTER

The Kern County Network for Children (KCNC) operates a resource center for foster youth that serves as a hub for comprehensive, integrated services and unique job training. The Dream Center assists current, and former foster youth, as they transition to independence and self-sufficiency. Staff from Kern County Probation, Kern County Mental Health, Bakersfield College, Kern High School District and the Department of Human Services' Independent Living Program are on-site and are available to reduce the duplication of services and increase service accessibility for youth.

When a foster youth emancipates, they often have very little when they move into their first home. The Dream Center helps ease the transition by providing youth with school supplies, personal hygiene items, and baby items donated by the community. If you are interested in donating below are the items now being accepted at the Dream Center:

Baby items: bottles, small toys
Dish Soap
Board games
Cleaning Supplies
Backpacks and school supplies
Non perishable food items (canned goods, cereal, etc.)
New underwear and socks (all sizes)
Hygiene items such as soap, shampoo, combs/brushes, tooth brushes, toothpaste, deodorant, razors, etc...

Please call Sara Espinoza at 661-636-4245 or Ian Anderson at 661-636-4409 for more information.

LEGAL CORNER

- On October 11, 2015, California Governor Jerry Brown signed Assembly Bill 403 to allow the Department of Social Services (CDSS) to reform child welfare services and implement continuum of care reform (CCR) starting January 1, 2016. The initiative will eliminate lower level group homes and put restrictions on the use of out-of-state placements. In an effort to move children from group homes into home based settings this initiative establishes a core practice model to govern services, whether delivered by a county, foster family agency, or group home agency, to create consistency and continuity of care. It ensures that medically necessary mental health services will be made available to children and youth in foster care regardless of their placement setting. The needs of the child will determine services and placement and the child will not need to be placed in a certain type of program in order to receive necessary services.
- Senate Bill 731, a new California law going into effect on January 1, 2016, gives all transgender children in foster care the right to placements consistent with their gender identity, regardless of the sex listed in their court or child welfare records. The law adds a new subsection to Welfare and Institutions Code Section 16001.9(a) which states that all minors, and non-minors, in foster care shall have the right "to be placed in out-of-home care according to their gender identity, regardless of the gender or sex listed in their court or child welfare records."
- In response to recent research which shows that one in every four foster teens in California is prescribed psychotropic medications, Governor Brown signed three pieces of legislation aimed at curbing this trend. These pieces of legislation, Senate Bill 484, Senate Bill 319, and Senate Bill 238, allow public health nurses access to medical records to monitor foster children who are prescribed psychotropic drugs; identifies group homes that rely most heavily on these medications and potentially requires them to take corrective action; and provides child welfare workers with better training and oversight tools to spot dangerous prescribing practices.

If you have questions regarding these new laws, please contact your child's assigned attorney.

INDEPENDENT LIVING PROGRAM (ILP)

The Independent Living Program (ILP) is a federally funded program that provides services to assist eligible youth and young adults, ages 16-21, in making a successful transition from foster care to independent living. The goal of the program is to enable youth to achieve self-sufficiency prior to exiting the foster care system by providing independent living skills assessment, training and services, as well as a written transition independent living plan for every participant. To find out if a youth is eligible, please have them contact their primary Department of Human Services Social Services Worker. Find out more information at our website:

<http://www.co.kern.ca.us/dhs/ILP/>

KERN COUNTY RESOURCE FAMILIES ARE VALUED, RESPECTED, SUPPORTED, AND SKILLED PARTNERS AND ADVOCATES WHO:

*** Provide safe loving homes * Commit to the development and success of children and families * Encourage family connections and nurturing relationships * Maintain a lifelong connection to children whenever possible ***

ARRANGING CHILD CARE

As the holidays approach, many of you may plan on traveling. When making travel plans, please remember that children under the court's supervision (dependent children) must be preapproved for travel by the child's assigned social worker. If you are planning to go out-of-state, a court order must be obtained in advance of your trip. Please talk to your social worker as soon as possible regarding any travel plans. If you are planning to leave a dependent child with an alternate caregiver while you are away please let your social worker know as soon as possible. For licensed foster homes, respite care can be utilized up to 72 hours with another county licensed home and with social worker approval. For absences over 72 hours, where the child will remain in your home with an alternate caregiver, there are specific background check criteria that must be completed, such as fingerprinting before approval can be granted.

Dependent children cannot be cared for by an alternate caregiver, outside of your home, for more than 72 hours without it being considered a placement change. Please contact your assigned social worker, or Licensing Program Analyst (LPA), for more information.

For relative/non-relative caregivers who plan on making alternate caregiving arrangements for dependent children in your care, please contact your assigned social worker as soon as possible as there are specific criteria, such as home and background checks, which must be conducted in advance.

SAFE SLEEP

One of the most important things a baby needs is a safe place to sleep. A baby's risk of dying from suffocation and other sleep related causes increases 40 times when sleeping in an adult bed with parents or anyone else, rather than an empty crib. According to Kern Cares, between 2009 and 2013, an average of 11 Kern County infants have died annually in their sleep, mostly linked to an unsafe sleep environment. Kern Cares provides the following tips for safe sleeping:

- Always place baby on his or her back to sleep for all sleep times, including naps.
- Have the baby share your room, not your bed. Your baby should not sleep in an adult bed, on a couch, or on a chair alone, with you, or with anyone else. Try room sharing—keeping the baby's sleep area in the *same* room next to where you sleep.
- Use a firm sleep surface, such as a mattress in a safety-approved crib, covered by a fitted sheet.
- Keep soft objects, toys, pillows, crib bumpers, and loose bedding out of your baby's sleep area.

The Kern County Treatment Foster Care Oregon program (Formerly MTFC) is looking for foster parents who are willing and able to provide a stable home for children who have behavioral problems which have jeopardized their placements in the past. KCTFCO is a strengths-based program that provides specialized training and increased support from social workers and mental health partners. In this program, the caretaker and the child work closely with a social worker and the child's mental health team. Caretakers will provide feedback about the child's behavior each week, attend a brief, weekly meeting with other KCTFCO foster parents, and will receive the highest specialized care increment for the child while the child is in the program. Children are able to earn incentives from their team for improved behavior. These special children are screened from the program with the goal in mind of reunifying them with either their parents or someone else important in their lives and KCTFCO is typically a 6 to 12 month program. If you are interested or would like more information about the program, please contact Vija Turjanis at 661-868-8343.

LICENSED FOSTER PARENTS NEEDED FOR SPECIALTY CARE

The Department is actively recruiting county licensed foster parents to meet the growing needs of our foster children. Please contact your Licensing Program Analyst if you have room in your home and a heart to care for and love children who:

- Need Emergency Foster Home placement
- Have specialized medical needs
- Have severe emotional/behavioral challenges
- Are part of a large sibling groups
- Are pregnant or parenting teens
- Are AB12 youth (ages 18-21 in extended foster care)
- Are victims of human trafficking.

Specialized training and support will be provided.

RESPIRE CARE HOMES NEEDED

Please contact your Licensing Program Analyst (LPA) or Eva Gonzalez, clerk at (661) 631-6876, to be added to the Respite Care Provider List.



CAREGIVERS OF KERN

Caregivers of Kern County (CKC) would like to invite ALL Resource Foster Families to join their support group. Their mission is *"to assist all caregivers of foster/adopt/kinship children by offering our experience, support, training, understanding, and love. Our goal is to work closely with agencies, each other, and community partners to meet the needs of caregivers and to assist in better outcomes for these children and families."* Monthly training meetings, fun events, and support await you when you join.

For more information contact CKC at P.O. Box 10051, Bakersfield CA, 93389, Telephone: (661) 345-2626, Email: QUESTIONS@CKCKIDS.ORG. You can also visit their website at: <http://www.ckckids.org>.

If you are interested in submitting an article for upcoming newsletters, or have suggestions on improving the newsletter, please contact Cherie Linde at: (661) 631-6403 or email lindec@kerndhs.com

KERN COUNTY DEPARTMENT OF HUMAN SERVICES
100 E. California Ave., Bakersfield, Ca. 93307
PO Box 511, Bakersfield, Ca. 93302
Recruitment Phone (661) 631-6204
Fax (661) 633-7077

We're on the Web!
www.co.kern.ca.us/dhs/FosterFamilyResource/

AB 403 (Stone): Foster Youth: Continuum of Care Reform

BILL SUMMARY

AB 403 is a comprehensive reform effort to make sure that youth in foster care have their day-to-day physical, mental, and emotional needs met; that they have the greatest chance to grow up in permanent and supportive homes; and that they have the opportunity to grow into self-sufficient, successful adults.

AB 403 addresses these issues by giving families who provide foster care, now known as resource families, with targeted training and support so that they are better prepared to care for youth living with them. The bill also advances California's long-standing goal to move away from the use of long-term group home care by increasing youth placement in family settings and by transforming existing group home care into places where youth who are not ready to live with families can receive short term, intensive treatment. The measure creates a timeline to implement this shift in placement options and related performance measures.

The measure builds upon many years of policy changes designed to improve outcomes for youth in foster care. It implements recommendations from CDSS's 2015 report, [California's Child Welfare Continuum of Care Reform](#), which were developed with feedback from foster youth, foster families, care providers, child welfare agency staff, policymakers, and other stakeholders.

PROBLEM BACKGROUND

For over a decade, California has implemented policies to reduce the number of children in out-of-home foster care placements, which has resulted in a decline from a high of over 100,000 youth in foster care in 1999 to about 60,000 in 2014. These policy changes have included preventative efforts to reduce the likelihood that a child is removed from his or her home, early intervention in child welfare cases, and assistance with finding children permanent homes with relatives and through adoption.

County child welfare agencies provide services to about 95 percent of youth in foster care, including

making arrangements for where the youth will reside and who will care for and take responsibility for the youth. Juvenile probation departments are responsible for the care of remaining 5 percent of foster youth.

"Continuum of care" refers to the spectrum of care settings for youth in foster care, from the least restrictive and least service-intensive (for instance, a placement with an individual foster family or an extended family member) to the most restrictive and most service-intensive (for instance, a group home with required participation in mental health treatment and limits on when the youth can leave the facility).

Most youth in foster care are placed in homes with resource families, but about 3,000 youth live in group home placements, also known as congregate care. Over two-thirds of the youth in congregate care have remained in such placements longer than two years, and about one-third have lived in such placements for more than five years.

Foster youth who live in congregate care settings are more likely than those who live with families to suffer a variety of negative short- and long-term outcomes. Such placements are associated with the creation of lifelong institutionalized behaviors, an increased likelihood of being involved with the juvenile justice system and the adult correctional system, and low educational attainment levels. Further, children who leave congregate care to return to live with their families are more likely than those who were in placed in family-based care to return to the foster system.

In spite of these well-known problems associated with this type of placement, too many children continue to be placed in, and remain living in, congregate care settings which do not always meet their needs or provide stable, supportive homes. AB 403 addresses this issue through a variety of policy changes.

COMPONENTS OF AB 403

To better meet the needs of youth in foster care and to promote positive outcomes for those youth as they

AB 403 (Stone): Foster Youth: Continuum of Care Reform

transition out of foster care, AB 403 implements the following policy changes:

- Updates the assessment process so that the first out-of-home placement is the right one.
- Establishes core services and supports for foster youth, their families, and resource families;
- Strengthens training and qualifications for resource families providing care to foster youth and congregate care facility staff;
- To the extent that the children are provided needed services and support, transitions children from congregate care into home-based family care with resource families;
- Transforms group homes into a new category of congregate care facility defined as Short-Term Residential Treatment Centers (STRTCs);
- Revises the foster care rate structure;
- Requires STRTCs and treatment foster family agencies to be certified by counties through their mental health plans;
- Evaluates provider performance.

AB 403 accomplishes the above in the following ways:

Home-Based Family Care: Reducing placements in congregate care settings will require specially trained resource families to be available to care for youth in home settings, either in resource families approved by a county or through a Foster Family Agency (FFA). AB 403 increases efforts to recruit and train families to meet the needs of foster youth as they step down from short-term residential placement settings with high service levels to less restrictive settings.

Residential Treatment: In order to reduce reliance on congregate care as a long-term placement setting, AB 403 narrowly redefines the purpose of group care. Group homes will be transitioned into a new facility type, STRTCs, which will provide short-term, specialized, and intensive treatment and will be used only for children whose needs cannot be safely met initially in a family setting. AB 403 establishes a timeline for this transition.

Providing Core Services: FFA programs, STRTCs, and social workers will provide core services and supports to foster youth and their placements. Depending on the type of placement and needs of a youth in foster care, core services may include: arranging access to specialized mental health treatment, providing transitional support from foster placement to permanent home placement, supporting connections with siblings and extended family members, providing transportation to school and other educational activities, and teaching independent living skills to older youth and non-minor dependents.

Cost: AB 403 establishes that both congregate care facilities and FFAs will offer the same level of core services to children at a rate that correlates with the level and type of services they provide. Social workers will provide additional core services and support to resource families. An initial state investment will lead to reduced placement costs, and to lower societal costs from improved outcomes.

Performance Measures and Outcomes: A multi-departmental review team will focus on the programs' administrative and service practices, and overall performance, to ensure providers are operating programs that use best practices, achieve desired outcomes for youth and families and meet local needs. To bolster this work, a satisfaction survey of youth and families will be used to determine their perception of the services they received, including whether the services were trauma-sensitive, and to provide feedback that can help programs serving youth and families make continuous quality improvements.

SUPPORT

- California Department of Social Services (sponsor)

OPPOSITION

- None received

FOR MORE INFORMATION

Contact: Arianna Smith
Office of Assemblymember Mark Stone
Phone: (916) 319-2029
arianna.smith@asm.ca.gov



Dena Murphy
Director



*The 28th Annual Holiday Cottage
Where Wishes Do Come True....*



Plans are underway for the 2015 Holiday Cottage which will once again be located at the East Hills Mall, 3000 Mall View Road, Suite 1045. County Licensed Resource Foster Families can expect to receive a letter in upcoming weeks with details on this year's Cottage and instructions on completing the wishes for the children.

For new foster parents the purpose of the Holiday Cottage is simple: to fill the wishes of children who are in foster care during the holiday season. **However, without the help of our Foster Parents we simply can't get the job done!** You will receive a letter and be asked to fill out a wish for each child placed in your home. We encourage you to talk to the kids when filling out the paperwork, so the wishes are gifts they would like to receive. Please keep in mind, the value of the gifts requested should not be more than \$50. Once the wish list is completed, you will return the form to DHS. The wishes will then be entered into our system, displayed at the Holiday Cottage location where the public will be encouraged to visit to fill a child's wish.

As soon as your child's wish is filled, we will call you to come and pick the gift up. Please pick it up promptly, as we do not have enough storage space to keep all the gifts received. And remember to bring the child's **MediCal** card and **your driver's license** so we can make sure we are sending the gift home with the right families!

Additionally, through the generosity of the community we have experienced the donation of gifts valued at \$200 or more, such as electronics and bicycles. These items need to be kept in your child's personal inventory. Once the Cottage has closed, we will be providing the child's social worker with a form that describes the gift the child received if the gift meets the criteria noted above for their permanent case file. We ask that you as the caregivers, according to licensing regulations (Title 22 Chapter 6:89226) also include that item in your licensing file under the child's itemized inventory of personal belongings. These extra steps will help endure gifts purchased for our children by the community actually become part of their personal belongings and will encourage them through your support and the support of their social worker to take personal responsibility for keeping track of their things.

Tel 661.631.6000 Fax 661.631.6631 TTY 800.735.2929
100 E. California Avenue P.O. Box 511 Bakersfield, CA 93302 www.KCDHS.org

We hope your holiday season is filled with joy, and we look forward to seeing you at this year's Holiday Cottage! For more information please contact the Outreach Office at 631-6600.

Respite Care Providers List

Winter 2015

The Respite Care List is a listing of county foster parents willing to provide respite care. You may have to call several people before you can find one with an opening.

Name	Location	Phone #	Ages Preferred
Amos, Shirley	Bakersfield	833-2984	2-18
Alvarez, Eufemia	Bakersfield	818-269-4625	10-17
Miller, Fern	Bakersfield	679-7067	0-5
Vargas, Daisy	Bakersfield	444-8403	2-17 (Weekends only)

If you can help and would like to have your names on this quarterly listing please call:

Your Licensing Analyst or Eva Gonzalez, (661) 631-6876 to sign up!

TO DO RESPITE CARE:

You must:

1. Have a current opening in your capacity for the number of children that you will be doing respite for
2. Get the paperwork from child's Social Worker.
3. Have an understanding of how to get medical care for children while in your care.

Respite Care Policy:

Respite care is the temporary care of a foster child by someone other than the foster parent.

- Caregiver is subject to Social Worker approval.
- Limited to 7 days/168 hours annually (non-consecutive) per child or 12 days/288 hours annually (non-consecutive) for a child receiving a SCI rate of Level 2 or higher.
- DHS' fiscal year is July 1st to June 30th. Respite Care hours must be used during the fiscal year. All unused days for current year **cannot** be carried over to next year.

Caregivers Helping Caregivers

We are looking for Licensed County Foster Family Homes to help us by becoming Respite Care Providers.

What is Respite Care?

Respite care means prearranged and temporary child care when a “child’s” caregiver/foster parent is absent or incapacitated and a determination has been made that temporary in home or out of home care is in the “child’s” best interest.

The most common situations for respite care would be:

1. Emergencies that take the caregiver/foster parent out of town and they are unable to take the “child” (Foster Child) with them.
2. Planned out of state vacations in which the “child” cannot be taken.

What are the requirements?

- Be a licensed foster family home with current CPR/First Aid certification and current training which includes 8 hours of annual training.
- The licensed foster home providing respite care must have available space per the capacity limits of their foster care license.
- Respite Care is for 24-hour period or longer, but not to exceed 72 consecutive hours per episode.

How do I get started?

As soon as possible!

Please call the contact person to get information and get started.



**Contact Eva Gonzalez
(661) 631-6876
gonzaleva@kerndhs.com**

**“there’s no shame
in asking for help”**



proudly presents

Specially Yours

The first annual conference for parents of special needs children.



Speaker: **Patrick C. Friman, Ph.D., ABPP**
*Vice President of Behavioral Health, Boys Town
Clinical Professor of Pediatrics, UNMC*

Friday, January 29, 2016

Hodel's Country Dining, 5917 Knudsen Drive, Bakersfield
Registration 8 - 8:45 a.m. • Conference 8:45 a.m. - 3 p.m.

Cost \$10

Continental breakfast and lunch will be provided

Register online at:
<http://kern.org/selpa/>

For more information, call Troy Tickle at 661-636-4884

Registration ends 1/22/16



orgullosamente presenta

Especialmente para Ustedes

La primera conferencia anual para padres de niños con necesidades especiales



Presentador: **Patrick C. Friman, Ph.D., ABPP**

*Vice Presidente de Boys Town, Salud Conductual
Profesor Clínico de Pediatría, UNMC*

Viernes, 29 de Enero 2016

Lugar: Hodel's Country Dining, con dirección: 5917
Knudsen Drive, Bakersfield - Registración 8 - 8:45 a.m. •

Conferencia 8:45 a.m. - 3 p.m.

Costo \$10

Se proporcionará desayuno continental y almuerzo

Regístrese en línea:
<http://kern.org/selpa/>

Para más información, llame a Troy Tickle al 661-636-4884

La registración termina el 22/1/16

Bakersfield City School District's

Parent Resource Centers are pleased to announce

In honor of the upcoming **National Parent Involvement Day** (November 19, 2015) we would like to recognize the valued contributions of Grandparents of our BCSD students by hosting a:

Grandparent's Club Kick - Off Celebration



Parent Resource Center	Date	Time
Nichols	November 2, 2015	1:00 p.m. – 3:00 p.m.
Owens Primary	November 4, 2015	2:00 p.m. – 4:00 p.m.
Longfellow	November 6, 2015	9:00 a.m. – 11:00 a.m.
Noble	November 9, 2015	1:00 p.m. – 3:00 p.m.
Pioneer	November 10, 2015	1:30 p.m. – 3:30 p.m.
Mt. Vernon	November 12, 2015	1:00 p.m. – 3:00 p.m.
Munsey	November 13, 2015	10:00 a.m. – 12:00 p.m.
Franklin	November 16, 2015	10:00 a.m. – 12:00 p.m.
Evergreen	November 17, 2015	1:30 p.m. – 3:30 p.m.
Stiern	November 18, 2015	8:30 a.m. – 10:30 a.m.
Emerson	November 19, 2015	10:00 a.m. – 12:00 p.m.

Presentations provided by the following:



Bakersfield City School District
Migrant Education, Region XXI
1300 Baker Street, Bakersfield, California 93303 (805) 832-4754

United Way
of Kern County



Bakersfield Senior Center
Built on a Foundation of Love



We hope that you will join us: **Grandparent's Club Kick-Off Celebration**

Grandparent's Name: _____ Phone Number: _____

Student's Name: _____ Student's School: _____

Parent Center location you plan to attend: _____

Please fill out and return to your child's school by October 30, 2015.

Flu Season 2015-2016



Influenza symptoms:

- Fever
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)

Some people may have vomiting and diarrhea, though this is more common in children than adults.

**** Talk to Your Social Worker about Flu Vaccines for Children Placed In Your Care****

Consult a healthcare professional for information about the flu vaccine.

*For more detailed information visit
<http://www.cdc.gov/flu/about/disease/>*

What sort of flu season is expected this year?

It's not possible to predict what this flu season will be like. Flu seasons are unpredictable in a number of ways. While flu spreads every year, the timing, severity, and length of the season varies from one year to another.

Period of contagiousness

You may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Most healthy adults may be able to infect others beginning 1 day **before** symptoms develop and up to 5 to 7 days **after** becoming sick. Some people, especially young children and people with weakened immune systems, might be able to infect others for an even longer time.

Flu Complications

Most people who get influenza will recover in a few days to less than two weeks, but some people will develop complications (such as pneumonia) as a result of the flu, some of which can be life-threatening and result in death.

Pneumonia, bronchitis, sinus and ear infections are examples of complications from flu. The flu can make chronic health problems worse. For example, people with asthma may experience asthma attacks while they have the flu, and people with chronic congestive heart failure may experience worsening of this condition that is triggered by the flu.

People at High Risk from Flu

Anyone can get the flu (even healthy people), and serious problems related to the flu can happen at any age, but [some people are at high risk of developing serious flu-related complications](http://www.cdc.gov/flu/about/disease/high_risk.htm) (http://www.cdc.gov/flu/about/disease/high_risk.htm) if they get sick. This includes people 65 years and older, people of any age with certain chronic medical conditions (such as asthma, diabetes, or heart disease), pregnant women, and young children.

Flu Severity

Flu is unpredictable and how severe it is can vary widely from one season to the next depending on many things, including:

- what flu viruses are spreading,
- how much flu vaccine is available,
- when vaccine is available,
- how many people get vaccinated, and
- how well the flu vaccine is matched to flu viruses that are causing illness.

Over a period of 30 years between 1976 and 2006, [estimates of flu-associated deaths](http://www.cdc.gov/flu/about/disease/us_flu-related_deaths.htm) (http://www.cdc.gov/flu/about/disease/us_flu-related_deaths.htm) in the United States range from a low of about 3,000 to a high of about 49,000 people. During recent flu seasons, between 80% and 90% of flu related deaths have occurred in people 65 years and older.

FIGHT FLU

The flu can make your children sick enough to miss school, activities, or even be hospitalized.

Rarely, even healthy children can die from flu complications.



PROTECT ME FROM FLU.

Talk to your Social Worker about about Flu Vaccines for the children placed in your care.

For information, visit <http://www.flu.gov>, or <http://www.cdc.gov>



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention

Create a **Safe Sleep Environment** for Baby

Did you know that the features of your baby's sleep area can affect his/her risk for **Sudden Infant Death Syndrome (SIDS)** and other sleep-related causes of infant death, such as suffocation?

Reduce the risk of SIDS and other sleep-related causes of infant death by **creating a safe sleep environment** for your baby.

How can you make a **safe sleep environment**?



- ▶ Always place baby **on his or her back** to sleep for all sleep times, including naps.



- ▶ Have the baby **share your room, not your bed**. Your baby should not sleep in an adult bed, on a couch, or on a chair alone, with you, or with anyone else. Try room sharing—keeping baby's sleep area in the *same* room next to where you sleep.



- ▶ Use a **firm sleep surface**, such as a mattress in a safety-approved* crib, covered by a fitted sheet.



- ▶ Keep soft objects, toys, pillows, crib bumpers, and loose bedding **out of your baby's sleep area**.



- ▶ Dress your baby in **no more than one layer of clothing more than an adult would wear** to be comfortable, and leave the blanket out of the crib. A one-piece sleeper or wearable blanket can be used for sleep clothing. Keep the room at a temperature that is comfortable for an adult.



Safety-approved* portable play yards can also provide a safe sleep environment for your baby. When using a portable play yard, always place baby to sleep on his or her back and keep toys, pillows, and blankets out of the play yard. These actions help reduce the risk of SIDS and other sleep-related causes of infant death.

*Visit the U.S. Consumer Product Safety Commission website for more information about safety-approved baby sleep areas: <http://www.cpsc.gov/en/Safety-Education/Safety-Education-Centers/cribs/>



Eunice Kennedy Shriver National Institute of Child Health and Human Development



Learn more about ways to reduce the risk of SIDS and other sleep-related causes of infant death at

<http://safetosleep.nichd.nih.gov>



Smoke Alarms

Check your **Smoke Alarms**, when you change the **Clocks!**



Most fatal fires occur at night. Every home needs working smoke alarms to provide an early warning.

Install smoke alarms in all sleeping rooms, hallways that lead to sleeping areas, basements and each additional level of your home.

Smoke alarms should be mounted on the ceiling 4” from the wall; wall mounts should be 4-12” from the ceiling. Do not install near draft areas (windows, vents.). Call your local fire department if you are unsure about placement.

A good time to remember to **check your smoke alarm and change the batteries** is when you change your clocks twice a year as daylight savings time begins and ends.

Prepare and practice an escape plan! Crawl low under smoke. Plan where to meet outside. **Once you're out, Stay out!**

Remember, almost every day a smoke alarm saves somebody's life.

www.fire.ca.gov



CALIFORNIA CHILD PASSENGER SAFETY LAW

Protect your child — it is the law.



Use of child passenger restraint system for child under age 8

Except as provided in Section 27363 of the Vehicle Code, a parent, legal guardian, or driver shall not transport on a highway in a motor vehicle a child who is under eight (8) years of age, without properly securing that child in a back seat in an appropriate child passenger restraint system meeting federal motor vehicle safety standards.

Exemptions:

- A child under eight (8) years of age may ride properly secured in an appropriate child passenger restraint system in the front seat under any of the following circumstances:
 - There is no rear seat.
 - The rear seats are side-facing seats.
 - The rear seats are rear-facing seats.
 - The child passenger restraint system cannot be installed properly in the rear seat.
 - All rear seats are already occupied by children seven years of age or under.
 - Medical reasons require that a child cannot ride in the rear seat. Proof of the child's medical condition may be required.
 - However, a child cannot be transported in a rear-facing child passenger restraint system in a front seat that is equipped with an active frontal passenger airbag.
- A child under eight (8) years of age who is four feet nine inches (4'9") in height or taller may be *properly restrained by a safety belt* instead of a child passenger restraint system. *Properly restrained by safety belt means that the lower (lap) portion of the belt crosses the hips or upper thighs and the upper (shoulder) portion of the belt crosses the chest in front of the occupant.*
- A child weighing more than 40 pounds may be transported in the backseat of a vehicle while wearing only a lap safety belt when the backseat of the vehicle is not equipped with a combination lap and shoulder safety belt.
- In case of a life-threatening emergency or when a child is being transported in an authorized emergency vehicle, if there is no child passenger restraint system available, a child may be transported without the use of that system, but the child must be secured by a seatbelt.
- A court may exempt a child from the Child Safety Belt and Passenger Restraint Requirements if certain determinations are made.

Use of child passenger restraint system for child between 8 and 16

A parent, legal guardian, or driver shall not transport on a highway in a motor vehicle a child who is eight (8) years of age or older, but less than 16 years of age, without properly securing that child in an appropriate child passenger restraint system or safety belt meeting federal motor vehicle safety standards.

Call your local health department for more information at:

Kern County Department of Public Health
1800 Mt. Vernon Avenue
Bakersfield, CA 93306
(661) 321-3000

For more information on safety seats: www.chp.ca.gov



OUR COMMITMENT

- ◆ Extensive training for foster parents.
- ◆ Support staff available 24/7.
- ◆ Regular foster parent meetings.
- ◆ Daily contact between a member of the KCTFCO support team and the foster family.
- ◆ A family therapist committed to working with the biological family.
- ◆ An individual therapist committed to working with the foster child.

YOUR COMMITMENT

- ◆ Twenty hours of training.
- ◆ Attend a weekly foster parent meeting.
- ◆ Assist children in setting and working on goals and plans.
- ◆ Identify and reinforce the child's strengths.

KIDS DO BEST IN FAMILIES!

MISSION Statement

Working together to achieve hope, healing and a meaningful life in the community.

VISION Statement

People with mental illness and addictions recover to achieve their hopes and dreams, enjoy opportunities to learn, work, and contribute to their community.

VALUES Statements

Hope, Healing, Community, Authority
 We honor the potential in everyone
 We value the whole person – mind, body and spirit
 We focus on the person, not the illness
 We embrace diversity and cultural competence
 We acknowledge that relapse is not a personal failure
 We recognize authority over our lives empowers us to make choices, solve problems and plan for the future



KCTFCO

KERN COUNTY TREATMENT FOSTER CARE
 OREGON
 (Formerly MTFC)

For more information on how to become a KCTFCO (Formerly MTFC) foster family call Vija A. Turjanis at 661-868-8343 or Cindi Lane-Pompa at 661-868-8322

P.O. Box 1000
 Bakersfield, CA 93302

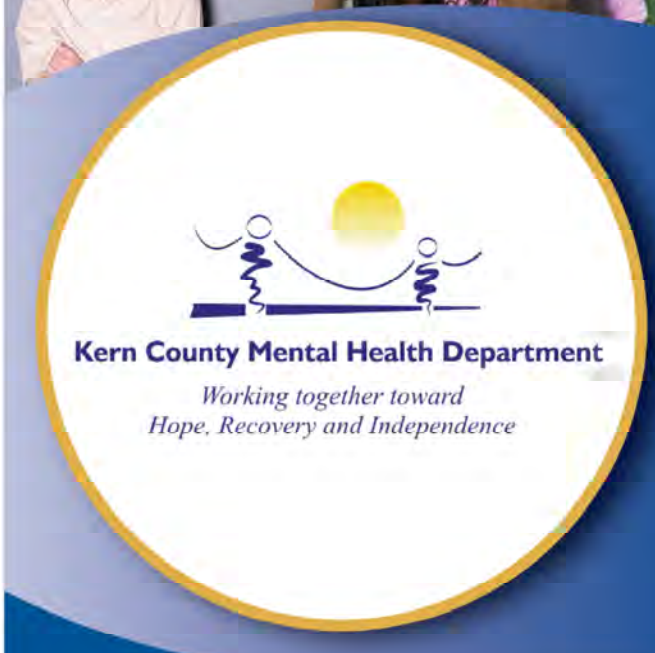
On the Web:
www.co.kern.ca.us/kcmh/

Strengthening families and making positive changes for youth in Kern County



Commission on Accreditation
 of Rehabilitation Facilities

Kern County Mental Health has been accredited by CARF for the following programs: Mental Health Programs- Case Management; Children and Adolescents-Case Management & Crisis Stabilization; Integrated Alcohol & Other Drugs-Case Management & Children & Adolescents-Case Management; Employment Services-Community employment Services



KCTFCO
KERN COUNTY
TREATMENT FOSTER
CARE
OREGON
(Formerly MTFC)



WHAT IS KCTFCO? (Formerly MTFC)

Kern County Treatment Foster Care Oregon (KCTFCO- formerly MTFC) is an alternative to residential group care for foster youth and youth on probation.

This is a short term (6-9 months) program that focuses on the strengths of the child and is based on the idea that kids do best in families. Twenty years of research shows that foster youth have a much higher success rate after participating in KCTFCO.



- ◆ We are looking for special families who are willing to open their hearts and homes to foster youth in Kern County
- ◆ Youth in foster care may face many challenges that require the support and expertise of various agencies. KCTFCO is a joint partnership between the departments of Kern County Mental Health, Human Services, Probation, and most importantly the child, their family and the foster family. These groups work together as a team on behalf of the child.

PROGRAM GOALS

- ◆ Reunify youth with their biological or adoptive family
- ◆ Break the negative communication cycle between family members
- ◆ Create an atmosphere for academic and community success



PROGRAM COMPONENTS

- ◆ Consistent reinforcement of positive behavior with a point and reward system
- ◆ Limiting access to anti-social youth
- ◆ Developing a "mentoring" relationship between youth and foster parents
- ◆ Intensive and ongoing supervision of youth



*Serving Kern County Youth
Ages 13 to 18*



Children in Need of a Good Home!

We're looking for stable homes for children of various ages to provide 6-12 months foster care.

We provide Kern County Treatment Foster Care Oregon (Formerly MTFC) training, lots of support, and you can earn the highest foster care increment

For more information please contact:

Cindi Lane-Pompa 868-8322

Vija Turjanis 868-8343



Kids Do BEST In Families!

Mission Statement:

Working together to achieve hope, healing, and a meaningful life in the community.

**GET
CONNECTED
CALL CAT**



Customer Assistance Telecenter (CAT)

**The Interactive Voice Response System (IVR)
is your pathway to CAT.**

Customer Assistance Telecenter

You can use the IVR System to:

Request forms

Get benefit information

Get worker information

Get office hours and locations

Receive automated phone reminders of appointments or missing documents. You must have a signed consent on file.

Request or reset your IVR PIN

Speak to a CAT agent. All CAT agents are dedicated to providing you with fast, friendly customer service

Call In System Available for Customers!

Interactive Voice Response System (IVR)



We have Self Service Options to better serve you.

CALL 1-877-410-8812

Be sure to have your case number and
IVR PIN available when you call.

KCL Fall!

FREE Workshops, Programs & Events



STORYTIMES & MORE
Reading Fundamentals



TWEEN SERIES
BPD Comes to the Library!



TEEN LAB
Scratch: Learn to Code.



COLOR ME HAPPY
Adult Coloring Events

DON'T MISS!
Pop-Up Goes the Library!
CATCH THE POP-UP LIBRARY WITH #KCLPopUp
ON KCL SOCIAL MEDIA.

STAY CONNECTED

kerncountylibrary.org

STORIES FOR BABIES, TODDLERS, PRESCHOOLERS, & FAMILIES



Most library branches host regular Storytime programs where children and their caregivers can enjoy books, songs, and rhymes intended to boost pre-reading skills.

- Toddler Time** • 1.5 to 3 yrs
- Preschool Storytime** • 3 to 5 yrs
- Family Storytime** • all ages
- Bilingual Storytime** • all ages

Sensory Storytime • all ages
Music, movement, & stories for children with Autism Spectrum Disorder.

Playtime Meetup • ages 2 to 5
Children, ages 2-5, and parents invited to play and meet other families.

Barks & Books
Practice reading skills with a therapy dog.

#StorytimeOnline <http://goo.gl/7KPJRW>
View archived stories ANYTIME & ANYWHERE on our YouTube Channel.

Dial-a-Story *Phone stories for 3 to 5 years.*
English: 661.868.0794 • Español: 661.868.0798

For more info and event listings, visit: kerncountylibrary.org/events

HOLIDAY FUN @ KCL

Kids can also find holiday activities, arts, and crafts at most locations, including:

- Dia de los Muertos
- Halloween
- Thanksgiving
- Hanukkah
- Christmas



FAMILY EVENTS

KCL invites families to stop by any KCL branch during regular operating hours between



Mon. Nov. 9 & Sat. Nov. 14
to create a card for a local veteran.

The Library will deliver all cards to the Kern County Veterans Services Department for distribution to local veterans.

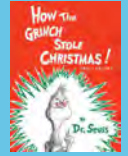
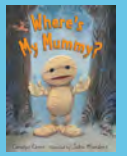
STAFF PICKS



Balloons Over Broadway
by Melissa Sweet

Where's My Mummy?
by John Menders

How The Grinch Stole Christmas
by Dr. Seuss



BPD GUEST READER

Get to know your Bakersfield police officers while enjoying stories.

BPD READERS @

- Baker
- Beale Memorial
- Holloway-Gonzales
- Northeast
- Southwest
- Wilson

Check event listings at kerncountylibrary.org/events

TWEEN INTEREST GROUP

Play games, hang out with other tweens, and tell us what kind of events and activities you would love to have at the library!

Want a TWIG in your neighborhood? Contact your local library branch to start one.



CELEBRATE FANTASY

These just in!

Fantastic Favorites



The Isle of the Lost
by Melissa de la Cruz



The Lightning Thief
by Rick Riordan



Ella Enchanted
by Gail Carson Levine



The Unwanteds
by Lisa McMann



A Wrinkle in Time
by Madeleine L'Engle



Tuck Everlasting
by Natalie Babbitt

TWEEN TUESDAYS • 3:30PM @ BEALE MEMORIAL

- Oct. 20** Tween Interest Group (TWIG)
- Nov. 3** Dia de los Muertos
- Nov. 17** Pulling the Plug: Game Night
- Nov. 24** Thankful Journals
- Dec. 1** Surprise Night
- Dec. 8** Gingerbread Houses
- Dec. 15** Origami Yoda
- Dec. 22** Happy Holidaye
- Dec. 29** Marshmallow Engineering



SCIENCE • TECHNOLOGY ENGINEERING • MATHEMATICS STEM LEARNING:

LEGO CLUB

Most library branches host regular LEGO Club programs where tweens can become young engineers through free building.



For more info and event listings, visit: kerncountylibrary.org/events

BPD TWEEN SERIES*

- Mon. Oct. 19 3:30pm** Crime Lab & Department Tour
- Tues. Oct. 27 3:30pm** Murder Mystery Night with Youth Explorers
- Tues. Nov. 10 3:30pm** CSI Night

*Registration required
Call 661.868.0701



Discover **The TEEN Lab**

THE NEW MAKERSPACE



@ **Beale Memorial**

Wednesdays • 4 - 6pm

3D Printing Design

Learn how to design and print 3D objects with Autodesk 123D software and our 3D printer.

Scratch Lab

Learn how to use the free beginning coding program called Scratch. Program your own interactive stories, games, and animations.

Space Limited. Registration required for 13-18 year olds. Call 661.868.0701

For more info and event listings, visit: kerncountylibrary.org/events

TEEN ADVISORY BOARD

Help plan what's going on at your library. Plus, earn community service credit!

Want a TAB in your neighborhood? Contact your local library branch to start one.

DOCTOR WHO CLUB @ BEALE MEMORIAL

Join the Doctor and other Whovians on an adventure. Watch episodes, enjoy Whovian conversation, and meet other teens.

- Oct 8** Don't Blink
- Dec 10** Christmas Invasion

Interested in starting a fan club at your library? Contact your local branch supervisor.



TEEN JAM @ FRAZIER PARK

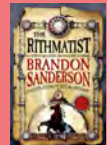
Unleash your inner artist. Bring your favorite instrument, voice, and jam with music professionals as mentors.

Tuesdays • 4pm

For more info and event listings, visit: kerncountylibrary.org/events



TEEN READ WEEK STAFF PICKS



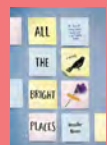
The Rithmatist
by Brandon Sanderson



To All The Boys I've Loved Before
by Jenny Han

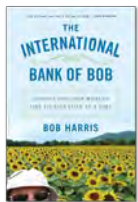


The Eye of Minds
by James Dashner



All the Bright Places
by Jennifer Niven

THE ONE BOOK PROJECT



Author Visit & Book Signing with Bob Harris
Wed. Oct. 28, 2015 @ 7pm
 CSUB Icardo Center

For more info and event listings, visit: KCLonebook.org

CELEBRATE THE HOLIDAYS @ KCL

Adults can enjoy holiday activities, performances, and crafts at most locations, including:

- Wrapping Workshops
- Musical Performances
- Ornament Making



For more events, visit: kerncountylibrary.org/events

NANOWRIMO

NATIONAL NOVEL WRITING MONTH

On November 1, begin working towards the goal of writing a 50,000-word novel by November 30.

Most library branches host write-in days where adults can work towards their goal.

For more events, visit: kerncountylibrary.org/events

BECOME A FRIEND

The Friends of the Kern County Library, Inc., are in most KCL branches. These groups are entirely dependent on volunteer time and support.

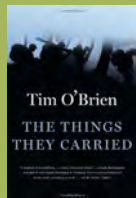
Get involved; when you support the Friends, you support KCL!

For more info, contact your local library branch.



BOOK TALKS @ KCL

Join us for an Adult Book Discussion!



The Things They Carried
 by Tim O'Brien

A ground-breaking meditation on war, memory, & the redemptive power of storytelling.

Oct. 10 @ 1pm
 Frazier Park



Desiree; The Best Selling Story of Napoleon's First Love
 by AnneMarie Selinko

A compelling true story of an ordinary girl.

Nov. 21 @ 12:30pm
 Ridgecrest



The Life-Changing Magic of Tidying Up
 by Marie Kondo

Japanese cleaning consultant takes tidying to a whole new level.

Dec. 16 @ 5:30pm
 Southwest

For more book talks, visit kerncountylibrary.org/events

COLOR ME HAPPY @ BEALE MEMORIAL

Have you heard? Coloring isn't just for kids anymore. It's a relaxing, stress-relieving, & fun way to socialize at your library. Join us for coloring, coffee, and conversation.



Saturdays @ 10:30am

- Oct. 24**
- Nov. 21**
- Dec. 19**



#FEEDTHEREAD



We challenge you with a new title, every month, all year long!

October - Books win awards for a reason, read an award-winning title.

November - Discover a book on a Database. (e.g. NoveList, GoodReads)

December - What holiday means a lot to you? Read a meaningful holiday novel.

JUST IN TIME FOR THE Holidays



DISCOVER DATABASES • HOBBIES & CRAFTS REFERENCE CENTER

Explore detailed "how-to" instructions and creative ideas for virtually every hobby enthusiast.

- | | | | |
|-----------------------------|-------------------------|-----------------------|----------------------|
| Altered Art | Dance | Jewelry Making | Robotics |
| Astronomy | Electronic Games | Model Building | Snowboarding |
| Bungee Jumping | Fantasy Sports | Origami | Skateboarding |
| Candle Making | Glass Work | Painting | and more! |
| Cooking & Baking | Hiking | Paper Crafts | |

Discover more databases online, visit: kerncountylibrary.org/research

BRAINFOOD: Holiday Cookbooks

ACCESS eBooks & INDULGE YOUR CREATIVITY • ENKI LIBRARY

Travel with your recipes this holiday season. Check out eBook cookbooks at: kcl.enkilibrary.org



Autumn in a Jiffy



Vegan Celebrations



We're popping up in unexpected locations!

Kern County Library staff will demonstrate in real time, inviting the public to experiment, interact with, and practice using digital resources - inspiring them and their families to connect with KCL both online & in person.

Keep an eye out for us around Kern County!

For more info, visit: kerncountylibrary.org

#KCLPopUP



LIBRARY CARDS

All California residents are eligible for a FREE Kern County Library Card. Apply today!



eBOOKS & DIGITAL COLLECTIONS

The Kern County Library offers thousands of free eBooks. To download eBooks and other materials, visit: kerncountylibrary.org/elibrary



RESEARCH MATERIALS

The Kern County Library subscribes to databases which include full-text newspapers, magazines, journals, and encyclopedia articles, as well as special reports, visit: kerncountylibrary.org/research



LEARN MORE

Learn more about events, activities, books, and more at your local library branch or by visiting: kerncountylibrary.org

COMPUTERS & TECHNOLOGY

PERSONAL COMPUTER COACH

Participate in one-on-one sessions and learn the basics.

Registration required; contact your local branch.

NEW DEVICES? LET US HELP

Bring an eReader, Android tablet, or iPad and learn how to download eBooks. Schedule an appointment with your local KCL branch today!

PUBLIC COMPUTERS & RESERVATIONS

KCL has computers across all 24 locations.

Free Wi-Fi is available at select locations.

Computers are available on a first-come, first-serve basis. Reservations for the day can be made in person.



DONATIONS: Give the Gift of Reading this Holiday Season

The Kern County Library accepts monetary donations, as well as books and materials donations.



Our Amazon Wishlist is updated often with our most popular and most requested titles. Visit: goo.gl/r3F4yt



Donate new or gently used LEGOs to support the LEGO club and help build STEM skills. Visit: goo.gl/552Tgb



Our Toys 'R' Us registry with items for our Library's early educational programming. Visit: goo.gl/iZUwvj To find KCL, enter #36478437



Your monetary donation to the Kern County Library is welcomed. Visit: kerncountylibrary.org/support-the-library



HOURS & LOCATIONS

INFO@KERNLIBRARY.ORG

BAKERSFIELD

BAKER

1400 Baker Street phone: 661.861.2390 hours: Mon. & Wed., 11am-7pm

BEALE MEMORIAL

701 Truxtun Avenue phone: 661.868.0701 hours: Mon.-Thur., 11am-7pm Fri. & Sat., 10am-6pm

HOLLOWAY-GONZALES

506 East Brundage Lane phone: 661.861.2083 hours: Wed. & Fri., 9am-5pm

NORTHEAST

3725 Columbus Street phone: 661.871.9017 hours: Tue.-Thur., 11am-7pm Sat. 9am-5pm

RATHBUN

200 West China Grade Loop phone: 661.393.6431 hours: Tue. & Thur. 11am-7pm Sat. 9am-5pm

SOUTHWEST

8301 Ming Avenue phone: 661.664.7716 hours: Tue.-Thur., 11am-7pm Fri. & Sat., 9am-5pm

WILSON

1901 Wilson Road phone: 661.834.4044 hours: Mon. & Wed., 11am-7pm Fri. 9am-5pm

OUTSIDE BAKERSFIELD

ARVIN

201 Campus Drive phone: 661.854.5934 hours: Mon.-Thur., 11-7

BORON

6967 Twenty Mule Team Road phone: 760.762.5606 hours: Mon., Wed., & Fri., 10am-6pm

BUTTONWILLOW

101 Main Street phone: 661.764.5337 hours: Mon., Wed., & Fri., 11am-6pm

CALIFORNIA CITY

9507 California City Boulevard phone: 661.373.4757 hours: Tue. & Thur. 11am-7pm Fri. & Sat., 9am-5pm

DELANO

925 Tenth Avenue phone: 661.725.1078 hours: Tue.-Thur., 11am-7pm Sat. 9am-5pm

FRAZIER PARK

3732 Park Drive phone: 661.245.1267 hours: Tue.-Thur. 11am-7pm Fri. & Sat., 9am-5pm

KERN RIVER VALLEY

7054 Lake Isabella Boulevard phone: 760.549.2083 hours: Tue. & Thur. 11am-7pm Fri. & Sat., 9am-5pm

KERNVILLE

48 Tobias Street phone: 760.376.6180 hours: closed until further notice

LAMONT

8304 Segre Road phone: 661.845.3471 hours: Wed. & Thur., 12-8pm Fri. & Sat., 9am-5pm

MCFARLAND

500 West Kern Avenue phone: 661.792.2318 hours: Wed.-Fri., 10am-6pm

MOJAVE

15555 O Street phone: 661.824.2243 hours: Mon., Wed., & Fri., 10am-6pm

RIDGECREST

131 East Las Flores Avenue phone: 760.384.5870 hours: Tue.-Thur. 11am-7pm Fri. & Sat., 9am-5pm

ROSAMOND

3611 Rosamond Boulevard phone: 661.256.3236 hours: Tue. & Thur. 11am-7pm Fri. & Sat., 9am-5pm

SHAFTER

236 James Street, Suite 2 phone: 661.746.2156 hours: Mon.-Thur., 11am-7pm

TAFT

27 Cougar Court phone: 661.763.3294 hours: Tue.-Thur., 11am-7pm Sat. 9am-5pm

TEHACHAPI

1001 West Tehachapi Blvd., Ste A400 phone: 661.822.4938 hours: Mon. & Wed., 11am-7pm Fri. & Sat., 9am-5pm

WASCO

1102 7th Street phone: 661.758.2114 hours: Mon., Wed., & Fri., 10am-6pm

WOFFORD HEIGHTS

6400-B Wofford Boulevard phone: 760.376.6160 hours: Mon., Wed., 10am-6pm Fri. 9am-5pm

BOOKMOBILES

BOOKMOBILE 1

661.868.0755 Lost Hills, Wed. 9:30-11:30am McKittrick, Wed. 12:30-1:30pm Piute Mtn., Thur. 9:30-11:30am Twin Oaks Store, Thur. 11:45am-12:30pm Caliente, Thur. 1:15-1:45pm Glennville, Fri. 9:30-11:30pm Woody, Fri. 12:30-1:30pm Ridgeview, Sat. 10am-1pm Rosedale, Sat. 2-5pm

BOOKMOBILE - KRIV

760.549.2083 Weldon, Wed. 10:30-11:30am Onyx, Wed. 12-1pm Paul's Place, Wed. 2-3pm Longview, Wed. 3:30-4:30pm Vons Plaza, Fri. 9-10am James Station, S. Lake, Fri. 11am-12pm

HOLIDAY CLOSING

Please note: All locations will be closed.

Nov 26, 27, & 28 Thanksgiving

Dec 24 & 25 Christmas

Dec 30 & Jan 1 New Years

After you have feasted, come to the zoo and contribute to a

Feast for the Beasts at



CALIFORNIA LIVING MUSEUM

9 a.m.- 3 p.m., November 27, 2015

Your food donations will be accepted as your admission "fee."

Animal food accepted per person:

- 3 lbs. **pecans, walnuts** or **almonds** (all without salt or flavoring)
- 2 large bags **frozen blueberries, blackberries** or **raspberries**
- 2 large bags of **frozen mixed vegetables** (corn, carrot, green and lima bean blend)
- 2 lb. jar of **peanut butter, jam** or **honey**
- 5 lbs of **frozen chicken thighs** or **breasts**
- 5 lbs raw, **fresh yams**
- 5 lbs **apples**
- 3.5 lb bag **dry dog food**—Pedigree, IAMS, or Science Diet
- 3.5 lb bag **dry cat food**—Purina cat chow
- 4-boxes **Ziploc freezer bags** (quart or gallon)
- 2 reams of **white multi-purpose copy paper** (1000 sheets)
- \$25 **gift card** from any pet, grocery, hardware or office supply store will admit **two adults and two children**

Regular Admission:

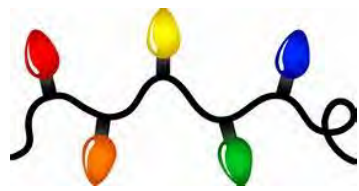
Adult	\$9
Senior	\$7
Children 3-12 years.....	\$5
Children under 3 & CALM members.....	FREE



For information call (661) 872-2256 or visit calmzoo.org

November 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2  Toddler Time Beale Library @11am Shafter Library @10:30am Koinonia's Adoption Support Group 6:30pm-8:30pm 833-4483 PRIDE PRE-Adopt Training Session 3 6pm-9pm 319-1836	3 Tween Tuesday @ Beal Library @ 3:30PM Fraizer Park Library Teen Jam @4pm Lego Club @5pm	4 Beale Library Bilingual Storytime @11am Laughter Yoga @ 3:30pm Preschool Storytime @ 11am Southwest Branch @10:30am Shafter Library	5 Storytime 11:45am @Taft Library Toddler Time 12:30pm @ Lamont Library CKC Meeting/Training Trauma Informed Care 6:30pm-8pm FREE 319-1836	6 PLAYTIME MEETUP AGES 2-5 @11AM BEAL LIBRARY Disney on Ice Rabobank 852-7300	7 A SALUTE TO OUR LOCAL HEROES 11AM-3PM KERN COUNTY FAIRGROUNDS 328-8600 KERN ENERGY FESTIVAL 10AM-3PM KERN COUNTY MUSEUM 348-4349 \$\$\$
8 Disney on Ice Rabobank 852-7300 Farmers Market 9am-2pm Kaiser Permanente 8800 Ming Ave	9 American Sign Language @ Tehachapi Library 4:30PM	10 ART AFTER SCHOOL Ages 7-12 Bakersfield Museum of Art 4pm-5:30pm 323-7219 PRIDE PRE-Adopt Training Session 6 6pm-9pm 319-1836	11 BARKS AND BOOKS READ TO A THERAPY DOG 4PM BEALE LIBRARY 868-0701 Preschool Storytime @ 11am Southwest Branch @10:30am Shafter Library	12 Bakersfield & Ridgecrest DHS Foster Parent Orientation 5:30pm-7:30pm 631-6204 CAREGIVER SUPPORT GROUP Henrietta Weill Guidance Clinic 1pm-2pm 393-5836	13 PLAYTIME MEETUP AGES 2-5 @11AM BEAL LIBRARY Movies in the Canyon: Madagascar Wind Wolves Preserve 4:30pm-7pm 858-1115 Registration is required	14 Police Activities League Car Show & Kids Festival 301 E. 4th St, Bakersfield 10am-3pm FREE 496-1135
15 Farmers Market 9am-2pm Kaiser Permanente 8800 Ming Ave 	16 American Sign Language @ Tehachapi Library 4:30PM 	17 Tween Tuesday @ Beal Library @ 3:30PM ART AFTER SCHOOL ages 7-12 Bakersfield Museum of Art 4pm-5:30pm 323-7219 	18 PRIDE PRE-Adopt Training Session 9 6pm-9pm 319-1836 Adoption & Permanency Planning Orientation 5:30pm-7:30pm 868-8900	19 DHS Spanish Foster Parent Orientation 5:30pm-7:30pm 631-6204 CAREGIVER SUPPORT GROUP Henrietta Weill Guidance Clinic 1pm-2pm 393-5836	20 Pre-School Storytime & Craft Wasco Library 758-2114 PLAYTIME MEETUP AGES 2-5 @11AM BEAL LIBRARY	21 International Game Day Southwest Library @ 10am-4pm Beale Library @ 1pm LEGO Club @ 4pm Tehachapi Library 
22 	23 Holiday Cottage	24 ART AFTER SCHOOL ages 7-12 Bakersfield Museum of Art 4pm-5:30pm 323-7219 Tutoring 8-12 Grades @ Southwest Library 4pm-6pm	25 Lego Club @ 3pm Mojave Branch Library BARKS AND BOOKS READ TO A THERAPY DOG 4PM BEALE LIBRARY 868-0701 	26 Happy Thanksgiving  DHS Closed	27 CALM Feast for the Beasts 9am-3pm 872-2256 DHS Closed	28 Holiday Lights @ CALM 661-872-2256  Holiday Cottage
29 Holiday Lights @ CALM 661-872-2256  Holiday Cottage	30 Holiday Lights @ CALM 661-872-2256  Holiday Cottage				**For information on events please call the phone number provided. ** For question on all library events email info@kernlibrary.org Or see the attached library flyer for branch phone numbers.	



DECEMBER 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 </p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>	<p>2 </p> <p>Bilingual Story Time Beale Memorial Library (All ages) 661-868-0701</p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>	<p>3 Caregivers of Kern 6:30pm-8pm 661-319-1836 Bakersfield Christmas Parade Downtown Bakersfield@6pm</p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>	<p>4 Christmas in the Village 5915 Milwaukee St, McFarland, 608-838-4011 First Friday Downtown Bakersfield Art district 5pm-8pm</p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>	<p>5 Pride-Pre Adopt Training Session 3 1pm-4pm 661-319-1836</p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>
<p>6 Farmers Marker Kaiser Permanente 8800 Ming Ave 9am-2pm Rollerama West Family \$ Skate Day 7850 Brimhall Rd. 661-589-7555</p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>	<p>7 Koinonia Support group 6:30pm-8:30pm 661-833-4448 Taft Christmas Parade 515 Center St, Taft 6pm-8pm</p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>	<p>8 BPD Story Time Beale Memorial Library get to know your BPD and enjoy the Stories 11am 661-868-0701</p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>	<p>9 Personal Computer Coach Beale Memorial library 11am reserve a 30 min session with a volunteer coach. 661-868-0701</p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>	<p>10 DHS Foster Parent Orientation 5:30pm-7:30pm</p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>	<p>11 </p> <p>Preschool story time @ Ridgecrest Branch Library @ 9:30am 760-384-5870</p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>	<p>12 </p> <p>Pride-Pre Adopt Training Session 6 9am-1pm 661-319-1836</p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>
<p>13 Pride-Pre Adopt Training Session 9 1pm-4pm 661-319-1836</p> <p>Holiday Cottage </p> <p>Holiday lights @ Calm</p>	<p>14 Rush Challenge \$ Rush Air Sports 3200 Buck Owens Blvd 661-679-4502</p> <p>Holiday lights @ Calm</p>	<p>15 Toddler Time \$ Rush Air Sports 3200 Buck Owens Blvd 10am-11am 661-679-4502</p> <p>Holiday lights @ Calm</p>	<p>16 Adoption and Permanency Orientation 5:30pm-7:30pm 661-868-8900</p> <p>Holiday lights @ Calm</p>	<p>17 DHS Spanish Foster parent Orientation 5:30pm-7:30pm</p> <p>Holiday Lights @ Calm</p>	<p>18 </p> <p>Free Friday @ the Bakersfield Museum of Art 661-323-7219</p> <p>Holiday lights @ Calm</p>	<p>19 </p> <p>Christmas Graham Cracker Houses @Lamont Branch Library @ 10:30am 661-854-5934</p> <p>Holiday lights @ Calm</p>
<p>20 </p> <p>Holiday lights @ Calm</p>	<p>21 Rush Challenge \$ Rush Air Sports 3200 Buck Owens Blvd 661-679-4502</p> <p>Holiday lights @ Calm</p>	<p>22 Elf yourself </p> <p>@ Arvin Branch Library 4pm 661-854-5934</p> <p>Holiday lights @ Calm</p>	<p>23 Bilingual Story Time Beale Memorial Library (All ages) 661-868-0701</p> <p></p> <p>Holiday lights @ Calm</p>	<p>24 </p> <p>DHS Closed</p> <p>Holiday lights @ Calm</p>	<p>25 Christmas </p> <p>DHS Closed</p>	<p>26 Math clinic </p> <p>Beale Memorial Library 2pm learn or get assistance with your math homework (all ages) Registration required 661-868-0701</p> <p>Holiday lights @ Calm</p>
<p>27 </p> <p>Holiday lights @ Calm</p>	<p>28 </p> <p>Bilingual PC Coaching @ Arvin Branch library 4pm 661-854-5934</p> <p>Holiday lights @ Calm</p>	<p>29 Toddler Time \$ Rush Air Sports 3200 Buck Owens Blvd 10am-11am 661-679-4502</p> <p>Holiday lights @ Calm</p>	<p>30 Bargain Skate night \$ Rollerama 34th St 1004 34th St. 661-327-7589</p> <p></p> <p>Holiday lights @ Calm</p>	<p>31 New Year's Eve</p> <p>DHS Closed</p> <p>Holiday lights @ Calm</p>	<p>**For information on Events please call the phone number provided ** For Questions on all library events email info kernlibrary.org or see attached flyer for branch locations **Holiday lights at Calm 661-872-2256</p>	



January 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 New Years day Holiday lights @ Calm 661-872-2256 DHS Closed	2 Holiday lights @ Calm 661-872-2256
3  Rush Air Sports \$1 off Jersey Day wear your jersey for a \$ off jump time 661-679-4502	4 Koinonia Support Group 6:30pm-8:30pm 661-833-4483	5 Toddler time \$ Rush Air Sports 10am-12am 661-679-4502	6	7 Caregivers of Kern 661-319-1836 Caregiver Support Group Henrietta Weill Guidance Clinic 1pm-2pm 661-393-5836 DHS Foster Parent Orientation 5:30pm-7:30pm 661-631-6204	8 Disney live! \$ Rabobank Arena 3:30pm & 6:30pm  661-324-6260	9 Toddler time Rush Air Sports 9am-10am 661-679-4502
10  Rush Air Sports \$1 off Jersey Day wear your jersey for a \$ off jump time 661-679-4502	11 Pride Pre-Adopt Session 3 6-9pm 661-319-1836	12 Toddler time \$ Rush Air Sports 10am-12am 661-679-4502		14 DHS Spanish Foster Parent Orientation 5:30pm-7:30pm 661-631-6204 Caregiver Support Group Henrietta Weill Guidance Clinic 1pm-2pm 661-393-5836	15  Free Friday @ the Bakersfield Museum of Art 10am-4pm 661-323-7219	16 Toddler time Rush Air Sports 9am-10am 661-679-4502
17  Discover the Dinosaurs \$ Kern County Fair 661-833-4917	18 Martin Luther King Day  Discover the Dinosaurs \$ Kern County Fair 661-833-4917	19 Toddler time \$ Rush Air Sports 10am-12am 661-679-4502	20 Pride Pre-Adopt Session 6 6-9pm 661-319-1836	21 DHS Foster Parent Orientation 5:30pm-7:30pm 661-631-6204 Caregiver Support Group Henrietta Weill Guidance Clinic 1pm-2pm 661-393-5836	22 Monster X tour \$ 7:30pm Rabobank Arena 661-324-6260 \$10 Last day to Register for Specially Yours conference See flyer for more information call to register 661-636-4884 	23 Monster X tour \$ 7:30pm Rabobank Arena 661-324-6260
24	25	26 Toddler time \$ Rush Air Sports 10am-12am 661-679-4502	27 Pride Pre-Adopt Session 9 6-9pm 661-319-1836	28 Caregiver Support Group Henrietta Weill Guidance Clinic 1pm-2pm 661-393-5836	29 Specially Yours The 1 st annual conference for parents of special needs children \$	30 Kids Free Day @ Calm 9am-4pm 661-872-2256
31				** For information on events please call the phone number provided ** For Questions on library events email info2kernlibrary.org or see attached library flyer for branch phone numbers.		