# RESOURCE FAMILY CONNECTIONS NEWSLETTER.

#### THE OMBUDSMAN CORNER

HAPPY HOLIDAY SEASON TO YOU AND YOUR FAMILY.

As the Ombudsman, I am here to listen to concerns, complaints, and suggestions you may have. Another important aspect of my duties is to be of service to the Kern County foster youth. Have you heard of the Dream Center? If not, allow me to share with you some information about the Dream Center and the services we offer to foster youth.

THE DREAM CENTER HAS BEEN IN EXISTENCE SINCE 2008 AND WAS CREATED TO ASSIST CURRENT AND FORMER FOSTER YOUTH (AGES 15 TO 24) TRANSITION TO INDEPENDENCE. THE KERN COUNTY NETWORK FOR CHILDREN OVERSEES THE DREAM CENTER AND WORKS CLOSELY WITH ITS PARTNERS TO BUILD A BETTER SUPPORT SYSTEM FOR THE YOUTH IN FOSTER CARE. THE STAFF LOCATED AT THE DREAM CENTER ASSIST YOUTH WITH COMPLETING THEIR EDUCATIONAL AND/OR VOCATIONAL PRO-GRAMS, TUTORING, JOB TRAINING, HOUSING, TRANSPORTA-TION, FOOD, AND MEDICAL CARE. FOSTER YOUTH ALSO RE-CEIVE ASSISTANCE WITH CREATING A RESUME, JOB SEARCH, AND OBTAINING EMPLOYMENT. SOME OF THE ON-SITE RE-SOURCES AVAILABLE TO THE YOUTH ARE MENTAL HEALTH SER-VICES, INDEPENDENT LIVING SKILLS PROGRAM, COMPUTER LAB, CLOTHING AND SHOES, FOOD, BABY CARE ITEMS, AND HOUSE-HOLD ITEMS MADE POSSIBLE THROUGH DONATIONS.

We are pleased to announce that The Dream Center just moved to its new location at 1801 19th Street and we celebrated our Grand Opening on November 8th. For more information on how you can help, or to request a tour, please call (661) 636-4488. Juan Rocha 631-6188

#### MELISSA'S MESSAGE

When a child comes into the foster care system, the Department does it's very best to find a placement that is the least restrictive and the best possible fit for that child. Our first priority is to seek out any relatives of that child in hope of reconnecting them to their family. Another priority is to make sure that the child stays in their school of origin to maintain a connection to their community. It is these two priorities that can sometimes make it a challenge to find an appropriate placement. I have been speaking with some of you about your frustrations of not having any children placed in your home when you are willing and able and I want you all to know that your concerns are heard. Please understand that there are many factors involved when choosing a placement for a child and that ultimately, it is the best interest of the child that determines the placement. Some of our biggest needs are resource families for older youth, emergency homes, special needs (behavioral or medical), and large sibling sets. On behalf of the Department, I want to give a heartfelt thank you to all of our caregivers for their patience and continued dedication to help Kern County's foster youth.



The Resource Family Caregiver Newsletter has been given a new name...Resource Family Connections!

#### Resource Family Approval Reminder

RFA is a state mandated program for all counties that replaces the current process for licensing foster homes or approving relative/non-relative extended family member (NREFM) homes. By December 31, 2019, all existing licensed foster family homes and all approved relatives and NREFMs who wish to continue to care for children in foster care must be an approved or have applied to become a resource family. This can happen in two ways:

- 1) Currently licensed foster family homes, approved relatives, or approved NREFMs <u>with an approved</u> <u>adoption home study completed prior to January 1, 2018</u>, shall be considered to be an approved resource family.
- 2) A licensed foster family home, an approved relative, or an approved NREFM who had a child in placement <u>at any time between January 1, 2017 and December 31, 2017</u>, may be approved as a resource family on the date of successful completion of a psychosocial assessment (formerly known as an adoption home study).

All foster family licenses, approvals of relatives, and approvals of NREFMs shall be <u>considered forfeited after</u> <u>December 31, 2019</u>. If you choose not to become an RFA home under one of the conditions above, you will be required to begin the new process if you later decide to again become a caregiver for a foster child.

Questions??? Currently licensed foster homes can contact their assigned LPA or call (661) 631-6204 and ask for the RFA Worker of the Day.

#### NATIONAL ADOPTION DAY

November is National Adoption Awareness Month! For the 15th consecutive year, Kern County will be celebrating and working to promote adoption awareness in our community. On November 17th, the Kern County Department of Human Services, in partnership with the Kern County Superior Court, CARE Foundation, The Forgotten Initiative, Court Appointed Special Advocates (CASA), and our Foster Family Agency partners, will be participating in National Adoption Day where it is expected that nearly 40 adoptions will be finalized. At any time, nearly 2,000 children may be in the foster care system and we have a continuous need for foster, and adoptive, homes. If you are interested in learning more about adoption or foster care please contact us at (661) 631-6204.



#### HOLIDAY TRAVEL



As the holidays approach, many of you may plan on traveling. When making travel plans, please remember that children under the court's supervision (dependent children) must be preapproved for travel by the child's assigned social worker. If you are planning to go out of state, a court order must be obtained in advance of your trip. Please talk to your social worker as soon as possible regarding any travel plans. If you are planning to leave a dependent child with an alternate caregiver while you are away please let the child's assigned social worker know as soon as possible. Respite care can be utilized up to 72 hours with another county licensed home, approved relative/NREFM or approved resource family home with social worker approval. For absences over 72 hours, where the child will remain in your home with an alternate caregiver, there are specific background check criteria that must be completed, such as fingerprinting before approval can be granted.

Dependent children cannot be cared for by an alternate caregiver, outside of your home, for more than 72 hours without it being considered a placement change. Please contact your assigned RFA social worker, or Licensing Program Analyst (LPA), for more information.

#### Foster Youth Education Toolkit

Here are a few reminders about foster youth education rights associated with enrollment as everyone is feverishly getting students settled in and enrolled for the new year. It can often be this time of year where schools are facing the challenges of enrolling this high mobile population. So hopefully these reminders may help you with some of the challenges you are facing:

- Foster youth have a right to immediate enrollment even without proof of immunizations, including Tdap.
- Foster youth can be enrolled without other documents such as a birth certificates.
- They have a right to the same or equivalent classes when enrolling in a new school.
- Foster youth may participate in sports and other extracurricular activities even if they miss the window for tryouts or other requirements of participation.
- Receiving schools have a maximum of 2 days to request records from the previous school and the previous school has a maximum 2 days to deliver those records.
- Foster youth have a right to attend their school of origin. School personnel and child welfare staff need to collaborate to assure transportation.

For more information on the Foster Youth Education Toolkit visit *kids-alliance.org/edtoolkit* or contact Rolando Hernandez at (661) 636-4492.

#### **NEW** Emergency Foster Care Rate

For those of you that are considered an emergency foster home (EFH), please note that the funding rate has been increased to \$45 a day per child. Also the age range for emergency foster care has expanded to children 0-17 years old to ensure that sibling groups are placed together. If you are interested in providing emergency care, please contact your assigned RFA or licensing worker.

### Teaching Kid; to Cope with Traumatic Experience;

Sesame Street is more than just teaching our children their ABCs, they have launched a program for children who have experienced trauma. Here are a few techniques that they recommend for children to use:

- Breathing and counting exercises.
- Venting anger through pillow-punching.
- Finding a safe mental place.
- Giving yourself a hug.

For more information, visit <a href="http://sesamestreetcommuniles.org/topics/traumatic-experiences/">http://sesamestreetcommuniles.org/topics/traumatic-experiences/</a>

#### Children's Visitation Center:

DHS' Children's Visitation Center (CVC) will be closed on the following days this holiday season:

11/23/17—11/25/17 12/22/17—12/25/17 12/29/17—1/2/18

If a child in your care currently has Saturday visits at the CVC please contact the child's assigned social worker regarding rescheduling visits set for any of these three dates.



#### ~Breaking News~

California Governor Jerry Brown signed AB507 into law on October 12, 2017. AB507 has been added to the Welfare and Institutions Code as Section 16519.502 and has a direct effect to California Resource Families. The new law states that:

- (a) A portion of the annual resource family training shall support the case plans, goals, and needs of children in the resource family home, if there are any children in the home, in accordance with applicable written directives or regulations, as specified by the department.
- (b) A county, in its discretion, may require a resource family or applicant to receive one or more hours of relevant specialized training that is in addition to the hours of that training that are required by state law.

Should you have any questions, please contact your licensing or RFA social worker.

Governor Brown also signed into law SB 233 that allows resource families, approved relatives/NREFMs, licensed homes, foster family agencies, and group homes access to CURRENT or MOST RECENT education records.

For more information contact Rolando Hernandez at (661) 636-4492 or rhernandez@kern.org.

#### **HOLIDAY COTTAGE**

This year's Holiday Cottage is located at 2765 Calloway Drive, Suite #104 in the Rosedale Village. County Licensed Foster Families, Resource Family Homes, Relative and NREFM Homes and AB12 youth and their children should have already received a letter with instructions on completing the wishes for the foster children living in their home.

The purpose of the Holiday Cottage is simple: to fill the wishes of children who are in foster care during the holiday season. However, without the help of our Resource Parents we simply can't get the job done!

As soon as your child's wish is filled, we will call you to come and pick up the gift. Please pick it up promptly as we have limited storage space. Also remember to bring the child's MediCal card and your driver's license so we can make sure we are sending the gift home with the right families! Please see the attached flyer for more details.

#### KERN COUNTY DEPARTMENT OF HUMAN SERVICES

100 E. California Ave., Bakersfield, Ca. 93307 PO Box 511, Bakersfield, Ca. 93302 Recruitment Phone (661) 631-6204 or Resourcefamilies@kerndhs.com Fax (661) 633-7077





#### **BREAKFAST WITH SANTA**

#### Save the Date!

On Saturday December 9th DHS will be hosting our annual "Breakfast with Santa" for our foster children and their caregivers. All licensed county foster families, resource family homes, relative caregivers and non-relative caregivers are encouraged to attend. The event will feature games, prizes, food and best of all a picture with Santa. You will receive invitations in the mail shortly. We look forward to seeing you there!

## The Dream Center Has Moved!

Their new building is located at 1801 19th St. and is a one stop resource for Foster Youth, Nonminor Dependents and former Foster Youth up to age 24. See flyer for more information.



We're on the Web! www.kcdhs.org/FosterFamilyResource/

#### **OUR COMMITMENT**

- Extensive training for foster parents.
- Support staff available 24/7.
- Regular foster parent meetings.
- Daily contact between a member of the KCTFCO support team and the foster family.
- A family therapist committed to working with the biological family.
- An individual therapist committed to working with the foster child.

#### YOUR COMMITMENT

- Twenty hours of training.
- Attend a weekly foster parent meeting.
- Assist children in setting and working on goals and plans.
- Identify and reinforce the child's strengths.

KIDS DO BEST IN FAMILIES!

#### **MISSION STATEMENT**

Working together to achieve hope, healing, and a meaningful life in the community.

#### **VISION STATEMENT**

People with mental illness and addictions recover to achieve their hopes and dreams, enjoy opportunities to learn, work, and contribute to their community.

#### VALUES STATEMENTS

Hope, Healing, Community, Authority
We honor the potential in everyone
We value the whole person - mind, body and spirit
We focus on the person, not the illness
We embrace diversity and cultural competence
We acknowledge that relapse is not a personal failure
We recognize authority over our lives empowers us to
make choices, solve problems and plan for the future



#### **KCTFCO**

KERN COUNTY TREATMENT FOSTER CARE OREGON

For more information on becoming a KCTFCO foster family call:

661-868-8343 or 661-868-8322

P.O. Box 1000 Bakersfield, CA 93302

On the Web: www.KernBHRS.org

Strengthening families and making positive changes for youth in Kern County



#### Commissionon Accreditation of Rehabilitation Facilities

Kern Behavioral Health & Recovery Services has been accredited by CARF for the following programs: Mental Health Programs-Case Management; Children and Adolescents-Case Management & Crisis Stabilization; Integrated Alcohol & Other Drug-Case Management & Children & Adolescents-Case Management; Employment Services-Community Employment Services





KCTFCO

KERN COUNTY

TREATMENT FOSTER

CARE OREGON

BURN COUNTY MEHAVIORAL HEALTH & RECOVERY SERVICES



## WHAT IS KCTFCO? (FORMERLY MTFC)

Kern County Treatment Foster Care Oregon (KCTFCO- formerly MTFC) is an alternative to residential group care for foster youth and youth on probation.

This is a short term (6-9 months) program that focuses on the strengths of the child and is based on the idea that kids do best in families. Twenty years of research shows that foster youth have a much higher success rate after participating in KCTFCO.

- We are looking for special families who are willing to open their hearts and homes to foster youth in Kern County
- Youth in foster care may face many challenges that require the support and expertise of various agencies. KCTFCO is a joint partnership between the departments of Kern County Mental Heath, Human Services, Probation, and most importantly the child, their family and the foster family. These groups work together as a team on behalf of the child.

#### PROGRAM COMPONENTS

- Consistent reinforcement of positive behavior with a point and reward system
- Limiting access to anti-social youth
- Developing a "mentoring" relationship between youth and foster parents
- Intensive and ongoing supervision of youth



















#### **PROGRAM GOALS**

- Reunify youth with their biological or adoptive family
- Break the negative communication cycle between family members
- Create an atmosphere for academic and community success

Serving Kern County Youth Ages 13 to 18





# Foster Tutor Time

Mondays 3:00 - 5:00 PM

Come join the Child Guidance Clinic for Tutor Time, a place for kids to receive assistance in homework completion.

For children in grades 1st through 7th.



Henrietta Weill Memorial Child Guidance Clinic 3628 Stockdale Hwy. Bakersfield, Ca. 93309 For questions Please Call Kristi @ 661-393-5836

## Who attends the meetings?

The CFT composition always includes the child or youth, family members, the current caregiver, a representative from the placing agency, and other individuals identified by the family as being important.

#### Required:

- Youth
- Family Members
- Current Caregivers
- Agency Representatives
  - » Child Welfare
  - » Social Worker
  - » Probation Officer
- Behavioral Health Representatives
- Tribal Representatives
- Natural Supports identified by the family as being important:
  - » Friends/Neighbors
  - » Faith Based/Spiritual Supports
  - » School Staff

#### Others who may be included:

- Educational Rights Holders
- Community Service Providers
- Court Appointed Special Advocates (CASA)
- Youth Partners/Family Partners

#### The CFT

Honoring the voice, choice and preferences of the youth and family are integral to the success of the CFT.

Professionals should consider the family's ideas before making their own suggestions. The CFT process is predicated upon the premise that youth



#### **Team Members**

OUF	R TEAM MEMBERS
Name	
Phone	

OUR NEXT MEETING				
Date				
Time				
Location				





## Child and Family Team (CFT)



**Professionals Brochure** 

#### "What is a Child & Family Team?"

Family members, trusted adults and caring professionals who collaborate in achieving goals for positive change

#### Identifying Pathways to Well-Being

Child and Family Teams seek to:

#### **How often do meetings** occur?

Effective practice dictates that meetings should be held as frequently as needed to address emerging issues, provide integrated and coordinated interventions, and refine the plan as needed. The frequency of meetings should be decided by CFT members.

For children or youth who are receiving Intensive Care Coordination (ICC) or Intensive Home-Based Services (IHBS) or Therapeutic Foster Care (TFC):

 CFT Meeting must occur at least every 90 days

For children and youth who are not receiving Specialty Mental Health Services:

• CFT Meeting no less than once every six months



CFT meetings are held in a location and time which are most convenient for the family. Family homes are the preferred location, but meetings can take place in other locations. Agencies involved also have meeting spaces available throughout the county. If a CFT member cannot be physically present, alternatives such as video conferencing should be considered





#### Professional staff at meetings seek to:

- Honor family's unique culture by including familiar language and ideas in the case plan
- Be open, honest, clear, and respectful in your communication
  - » Use trauma-informed approaches when talking with children, youth and family members so they feel heard and not judged
- Work to build relationships that support the development of trust
  - » Encourage hope by conveying belief that each family member can achieve success
- Support and facilitate the family's capacity to advocate for themselves
  - » Youth and family voice and choice are central to the CFT process
- From the beginning and throughout the process, engage with families in formal and informal safety and risk assessment and permanency planning
- Cross-system planning and coordination will ensure that there is only one team process for a family, making access to care easier and guicker for the youth



#### **ASESP Schools**

#### **ELEMENTARY SCHOOLS**

Casa Loma McKinley
College Heights Munsey
Eissler Mt. Vernon
Evergreen Nichols

Fletcher Noble

Frank West Owens Intermediate
Owens Primary

Fremont Pauly
Garza Pioneer
Harding Roosevelt
Harris Thorner
Hills Voorhies
Horace Mann

Horace Mann Wayside
Hort Williams
Jefferson William Penn

Longfellow

#### JUNIOR HIGH/ MIDDLE SCHOOLS

Cato Sequoia
Compton Sierra
Curran Stiern
Emerson Washington



School Garden



Bakersfield City School District
Instructional Support Services
After School Education and Safety
Program
1300 Baker Street
Bakersfield, Ca. 93305
Deanna Clarke, ASESP Coordinator
clarked@bcsd.com
661-631-4640





#### Bakersfield City School District

# After School Education and Safety Program



"Making a Difference One Afternoon at a Time"

### What is ASESP?

The After School Education and Safety Program (ASESP) is an enrichment program that helps support the regular school program and provides a safe option for students after school.

The Bakersfield City School District offers the ASESP without charge for about 6050 students at 39 school sites.

The ASESP goals are to increase academic achievement, increase school attendance, and create positive behavioral changes, we achieve these goals by aligning with the: (1) District's vision and goals for student learning; (2) curriculum; and (3) District and State academic standards.

The Program begins promptly after the conclusion of the regular school day and runs until 6pm on each regular school day.

**Art Class** 



Computer and Technology

#### What we Provide...

All staff members who directly supervise the students must meet the qualifications like an instructional aide. The student-to-staff ratio is 20 to 1. This allows for more personal attention during homework time and enrichment activities that include the following:

- Educational and literacy component.
   Homework assistance is provided in one or more of the following areas: language arts, reading, history, mathematics, and social sciences.
- An educational enrichment component.
   This may include recreation and youth development activities involving the arts, music, sports, and career preparation activities.

Every student in the ASESP receives a daily nutritious snack.



**Dance Class** 

#### **Enrollment is EASY!**

- 1. Pick up a registration form at your student's school.
- 2. Fill out the registration form. Complete one form for each student you want to enroll.
- 3. Return the completed form to your school site.
- 4. Wait for notification of your student's enrollment.\*

\*Once a school is filled to capacity, students will be placed on a waiting list and admitted as openings become available. Priority for enrollment from the waiting list is made for students with a demonstrated need for extra help in school and for children whose siblings are already enrolled in the program.

# The Kinship Support Services Program Is Expanding Services & Eligibility! 3-2016

Kinship Care is the full time parenting of children and youth by relative (grandparents, or other biological relatives) and Non-Related Extended Family Member (NREFM) caregivers. And now *eligibility has been expanded* to include services to licensed foster parents for the purpose of Foster Parent Recruitment, Retention and Support (FPRRS). These loving and caring individuals step in when parents are unable to care for their children because of a variety of circumstances or situations. The Kinship Support Services Program provides many supportive services for these caregivers and children to help strengthen their families and to provide opportunities for success.

Relative and NREFM families with children in voluntary placements may access these services at the discretion of the County. (Foster children placed through foster family agencies – FFAs, are not currently eligible for this program.)

#### SERVICES INCLUDE: (Services are provided in English and Spanish)

<u>Assessment and Referral:</u> Assessment services for families to assist in identifying and providing appropriate resources, services and other interventions based on the families' needs.

<u>Guardianship Assistance:</u> Referrals are made to services aimed at promoting permanency, including kinship adoption and guardianship.

<u>Case Management:</u> Full-time case managers are available to assist caregivers to resolve issues and to access needed social and supportive services within the community. These services include linking to WIC, Human Services, parenting classes, respite care, family resource centers, recreational activities and events.

<u>Individual, Family and Group Counseling:</u> Counseling is provided on an as needed basis, with a goal of strengthening and maintaining the kinship family unit. These services are provided by a state licensed therapist experienced in parent-child relationships and conflict resolution.

<u>Academic Tutoring:</u> Children receive weekly help with homework and school assignments, from Kinship staff and high school and college student volunteers.

\*New <u>Critical Incident Response & Intervention:</u> Staff are available to work with families coping with loss, issues of reunification, and other stress related issues, when referred by their DHS Social Worker.

\*New <u>First Time Placement & Emergency Assistance:</u> Funds (gift card) are available to assist children placed in their first county licensed foster home, to assist purchasing personal, hygiene or other essential items. Additional financial assistance is available for "other family emergency needs," on a limited basis, and as available.

<u>Support Groups:</u> Kinship caregivers meet each week to provide support and encouragement, share success stories, access resources, and to discuss issues relating to the kinship caregiving experience. **Every Tuesday 10:00am-12:00pm, 3628 Stockdale Highway** 

#### **Kids Night:**

Kinship children of all ages participate in fun activities while the adults enjoy a much needed break.

#### Teen Night:

Kinship teens participate in fun activities while the adults enjoy a much needed break.

#### Family Night:

Kinship families share a fun evening of family centered activities and prizes in a friendly atmosphere.

Each event takes place Thursdays, 5:30-7:30pm- Call (661) 393-5836 for sign up, location and other information.

H.W.M. Child Guidance Clinic 3628 Stockdale Highway
(661)322-1021 OR (661)393-5836

www.hwmcgc.org ~ facebook.com/hwmcgc

GÜIDANCE CLINIC







## The 30<sup>h</sup> Annual Holiday Cottage Where Wishes Do Come True....



This year's Holiday Cottage will be located at 2765 Calloway Drive, Suite #104 in the Rosedale Village at the corner of Rosedale Highway and Calloway Drive in Bakersfield. County Licensed Resource Families should have already received a letter in the mail or from their placement Social Worker with instructions on completing the wishes for the **foster** children living in their home. Wishes can only be filled for the Foster Children in your home.

The purpose of the Holiday Cottage is simple: to fill the wishes of children who are in foster care during the holiday season. However, without the help of our Resource Parents we simply can't get the job done!

As soon as your child's wish is filled, we will call you to come and pick the gift up. Please pick it up promptly as we have limited storage space. Also remember to bring the child's MediCal card and your driver's license so we can make sure we are sending the gift home with the right families!

Additionally, through the generosity of the community we sometimes experience the donation of gifts valued at \$200 or more, such as electronics and bicycles. These items need to be kept in your child's personal inventory. Once the Cottage has closed, we will be providing the child's social worker with a form that describes the gift the child received if the gift meets the criteria noted above for their permanent case file. We ask that you as the caregivers, according to licensing regulations (Title 22 Chapter 6:89226) also include that item in your licensing file under the child's itemized inventory of personal belongings. These extra steps will help ensure gifts purchased for our children by the community actually become part of their personal belongings and will encourage them through your support and the support of their social worker to take personal responsibility for keeping track of their things.

We hope your holiday season is filled with joy, and we look forward to seeing you at this year's Holiday Cottage! For more information please contact the Holiday Cottage Outreach Team at 631-6600.

#### **Dream Center**

## is moving to it's new location 1801-19th Street

(on the corner of 19th and G Street downtown)

#### New Dream Center Phone Numbers & Desk Assignments AB-12 Unit and ILP Unit

#### 1801 19th Street Resource Center DHS Staff:

1. Supervisor of the Day	636-4987
2. SSW of the Day	636-4991
3. Keith Hollins ILP	636-4982
4. Tamara Roberts ILP	636-4944
5. Hali Johnson AB-12	636-4985
6. Tiffany Jones CSEC	636-4952
7. Bryan Williams MSW Intern	636-4979
8. Ashley Hollins HST	636-4986
9. FAX #	852-0206

#### 1807 19th Street Collaborative Building DHS Staff:

1. Miriam Ocampo PS	636-4965
2. Robin Chambers ILP SSS	636-4971
3. Kelly Fullerton AB-12 SSS	636-4970
4. Stacy Lloyd ILP (Housing)	636-4946
5. Maria Escalante ILP	636-4954
6. Andrea Martinez ILP	636-4972
7. Beatriz Hernandez-Toro AB-12	636-4973
8. Somphou Siripane AB-12	636-4974
9. Faye Dickerson AB-12	636-4953
10.Alicia Hernandez OST	636-4900
11.FAX #	852-0211





The new Dream Center is a one stop resource for Foster Youth, Non Minor Dependents, and Former Foster Youth up to age 24, providing:

Bus Passes Showers

Job Searching Washer and Dryer

Job Applications Snack Bags

Resumes ILP Classes

Dream Center Presentations

Meet with Independent Living Plan Social Worker

Meet with Extended Foster Care Social Worker

Meet with Juvenile Probation Officer

Meet with TAY therapist or case manager

Public Health Nurses several times a month

The Dream Center Resource Center will be open to youth at the new location on October 10, 2017. The Dream Center is open

Monday - Friday

8:15 AM - 4:30 PM



A Day Dedicated to Supporting Foster Youth with Foster Youth

## SAVE THE DATE

Friday
February 23
8 AM-3 PM

Bakersfield College Free Admission

## Save the date and join us for the 3rd Annual Kern County Empowering Success Conference!

This annual event brings together foster youth, their caregivers, and the community agencies in their lives to address barriers foster youth experience and create solutions that will increase their success in school and becoming young adults.

Registration will begin in January, 2018!

Presented by



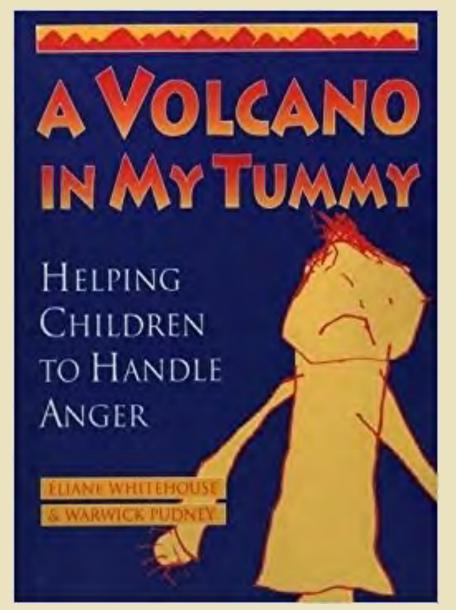












Thursday
December 14, 2017
9am—12pm

# Weill Institute 2100 Chester Room 102

This workshop is recommended for Resource Families, Social Workers, Group Home Staff, Foster Family Agencies & Professionals who work with children

Registration Line: 661-319-1836

This training will be based on the book *A Volcano in my Tummy*. It is helping 6-15 year olds handle their anger so that they can live successfully, healthily, happily and non-violently. The book has stories, easy to use games and exercise designed to encourage children to see their anger and to deal constructively with it.

\*Participants will receive a free copy of the book.

### BAKERSFIELD COLLEGE



### Foster & Kinship Care Education Program

Foster Parent Training Schedule (November-December 2017)

#### Tuesday, November 14, 2017

**Time:** 9:00am-11:00am

**Location:** Weill Institute, Room 103

2100 Chester Ave Bakersfield, CA 93301

Topic: Asthma, Depression, Tattoo/Body Piercing

Instructor: Angela Bivins and Wendy Jewett, Public Health Nurse, Kern County Department of Human

Services

#### Saturday, November 18, 2017

**Time:** 10:00am-12:00pm

Location: Kern County Department of Human Services:

Columbus Center Santa Maria Room

3711 Columbus Center Bakersfield, CA 93306 **Topic:** *The Martian Child* 

**Instructor:** Cherilyn Haworth-Price, M.S.W., L.C.S.W.

In this workshop participants will watch the movie *Martian Child*, a film about a science-fiction writer, recently widowed, considers whether to adopt a hyper-imaginative 6 year old abandoned and socially rejected boy who says he's really from Mars. Participants will join in a discussion about trauma and how resource parents can help children hear.

#### Saturday, December 2, 2017

**Time:** 10:00am-12:00pm

Location: Kern County Department of Human Services:

Columbus Center Santa Maria Conference Room

3711 Columbus Center Bakersfield, CA 93306 **Tonic:** *The Colors of Grief* 

**Instructor:** Cherilyn Haworth-Price, M.S.W., L.C.S.W.

The Colors of Grief addresses children's shattered lives and expectations and the stages through their developmental phases, to provide practical applications to support them after a significant life loss, which can include the death or removal of a parent or caregiver. This is such a chronic experience of foster youth that it is important to understand that their emotional journey is one of many colors - colors of love and sadness, courage and fear, strength and confusion. Some of these colors are brilliant, some dull, some dark, and some bright. The goal of this training is to help a child's color's shine bright - including their colors of resilience

- The classes being offered will fulfill training hours for licensing.
- ❖ Pre-Register: (661)319-1836 or Araceli Navarro (661)395-4737

#### Tuesday, December 5, 2017

**Time:** 5:00pm-7:00pm

**Location:** Weill Institute, Room 102

2100 Chester Ave Bakersfield, CA 93301

Topic: Caring for Children with Severe Emotional / Behavioral Needs Level 2

**Instructor:** Tabitha Myrow, M.A. Ed.

Caring for Children with Severe Emotional/Behavioral Needs is a specialty training required for caregivers receiving a Special Care Increment (SCI) from the Kern County Department of Human Services.

#### Tuesday, December 5, 2017

**Time:** 7:00pm-9:00pm

**Location:** Weill Institute, Room 102

2100 Chester Ave Bakersfield, CA 93301

Topic: Caring for Children with Severe Emotional Needs Level 3-4

**Instructor:** Tabitha Myrow, M.A. Ed.

Caring for Children with Severe Emotional / Behavioral Needs is a specialty training required for caregivers receiving a Special Care Increment (SCI) from the Kern County Department of Human Services.

#### Thursday, December 14, 2017

Time: 9:00am-12:00pm Location: Weill Institute, Room 102,

2100 Chester Ave. Bakersfield, CA 93301

Topic: "A Volcano in my Tummy" Instructor: Tabitha Myrow, M.A. Ed.

This training will be based on the book *A Volcano in my Tummy*.

It is about helping 6-15 year old handle their anger so that they can live successfully, healthily, happily and non-violently. The book has stories, easy to use games and exercises designed to encourage children to see their anger and to deal constructively with it. Participants will receive a free copy of the book.

- The classes being offered will fulfill training hours for licensing.
- ❖ Pre-Register: (661)319-1836 or Araceli Navarro (661)395-4737



November 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	O1 Toddler Time with Miss Jade @Barnes & Noble 10am-11am Holiday KCDHS Closed	02	03	O4 CPR/First Aid 5pm- 9pm Farmers Market F st
05	06	07	08	09	10	11
Haggin Oaks Farmers Marker 9am-2pm	RFA Pre- Service #1 6pm-9pm	RFA Pre- Service #2 6pm-9pm	RFA Pre- Service #3 6pm-9pm	Resource Family Orientation	RFA Pre- Service #1 6pm-9pm CPR/First Aid 5pm- 9pm	RFA Pre- Service #2&3 6pm-9pm
12	13	14	15	16	17	18
Murray Family Farm Fun 8am-8pm	RFA Pre- Service #4 6pm-9pm CPR/First Aid 5pm- 9pm	RFA Pre- Service #5 6pm-9pm	RFA Pre- Service #6 6pm-9pm	Spanish Resource Family Orientation	RFA Pre- Service #4 6pm-9pm CPR/First Aid 5pm- 9pm	RFA Pre- Service #5&6 9am- 4pm
19	20	21	22	23	24	25
Murray Family Farm Fun 8am-8pm	Totshots: Immunization Program 9am- 2pm Wal-Mart Supercenter 661-589-3535	Family Night @the Ice center of Bakersfield 852-7400	Toddler Time with Miss Jade @Barnes & Noble 10am-11am	Holiday KCDHS Closed	Holiday KCDHS Closed	Storytime @ Barnes and Noble 11am Kids Free day at C.A.L.M with a paying adult
26 Murray Family Farm Fun 8am-8pm	Holiday Cottage Grand Opening 2765 Calloway.	28 Family Night @the Ice center of Bakersfield 852-7400	Toddler time with Miss Jade at Barnes and Noble 10am-11am 661-631-2575	30 Mannheim Steamroller Christmas 7pm Rabobank	01	02
	04		06	07		09



Holiday Lights at Calm December 1, 2017- January 6, 2018 (Closed Christmas day)

# December 2017

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29		O1 Teen Night in Taft 8pm 661-765-6677	O2 Holiday Lights at Calm
03	04	O5	06	07	08	09
Holiday Lights at Calm	RFA Pre- Service #1 6pm-9pm Taft Christmas Parade 6pm Center St.	RFA Pre- Service #2 6pm-9pm	RFA Pre- Service #3 6pm-9pm	Resource Family Orientation Bakersfield Christmas Parade 6:30 Downtown	RFA Pre- Service #1 6pm-9pm	RFA Pre- Service #2&3 9am- 4pm
10	11	12	13	14	15	16
Holiday Lights at Calm	RFA Pre- Service #4 6pm-9pm	RFA Pre- Service #5 6pm-9pm	RFA Pre- Service #6 6pm-9pm	Spanish Resource Family Orientation	RFA Pre- Service #4 6pm-9pm	RFA Pre- Service #5&6 9am- 4pm
17	18	19	20	21	22 Holiday KCDHS	23
Haggin Oaks Farmers 9am-2pm	Holiday Lights at Calm	Family Nights @ the Ice Center of Bakersfield 661-852-7400	Women's Self Defense Workshops 6pm 661-322-5200	Resource Family Orientation	Closed  Holiday Lights at Calm	Holiday Lights at Calm
24	25 Holiday	26	27	28	29 Holiday KCDHS	30
Holiday Lights at Calm	Closed  Holiday Lights at Calm	Holiday Lights at Calm	Toddler time with Miss Jade at Barnes and Noble 10am- 11am	Holiday Lights at Calm	Closed  Holiday Lights at Calm	Farmers Market F St 8am-12pm
31	01	02		04		06
Holiday Lights at Calm						

